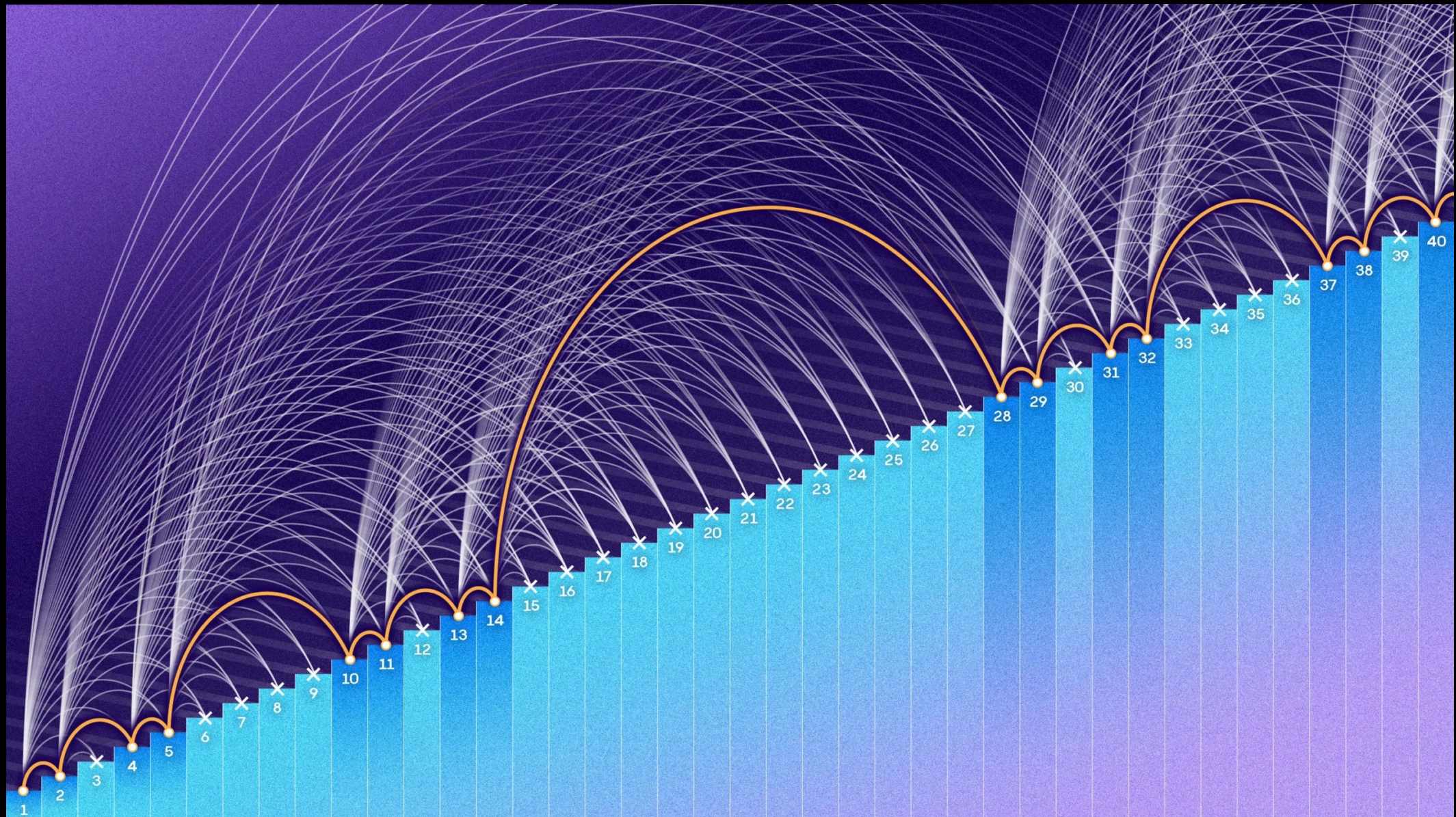


Strong Bounds for Arithmetic Progressions

Zander Kelley, Raghu Meka,
UIUC UCLA

3-Term Arithmetic Progressions

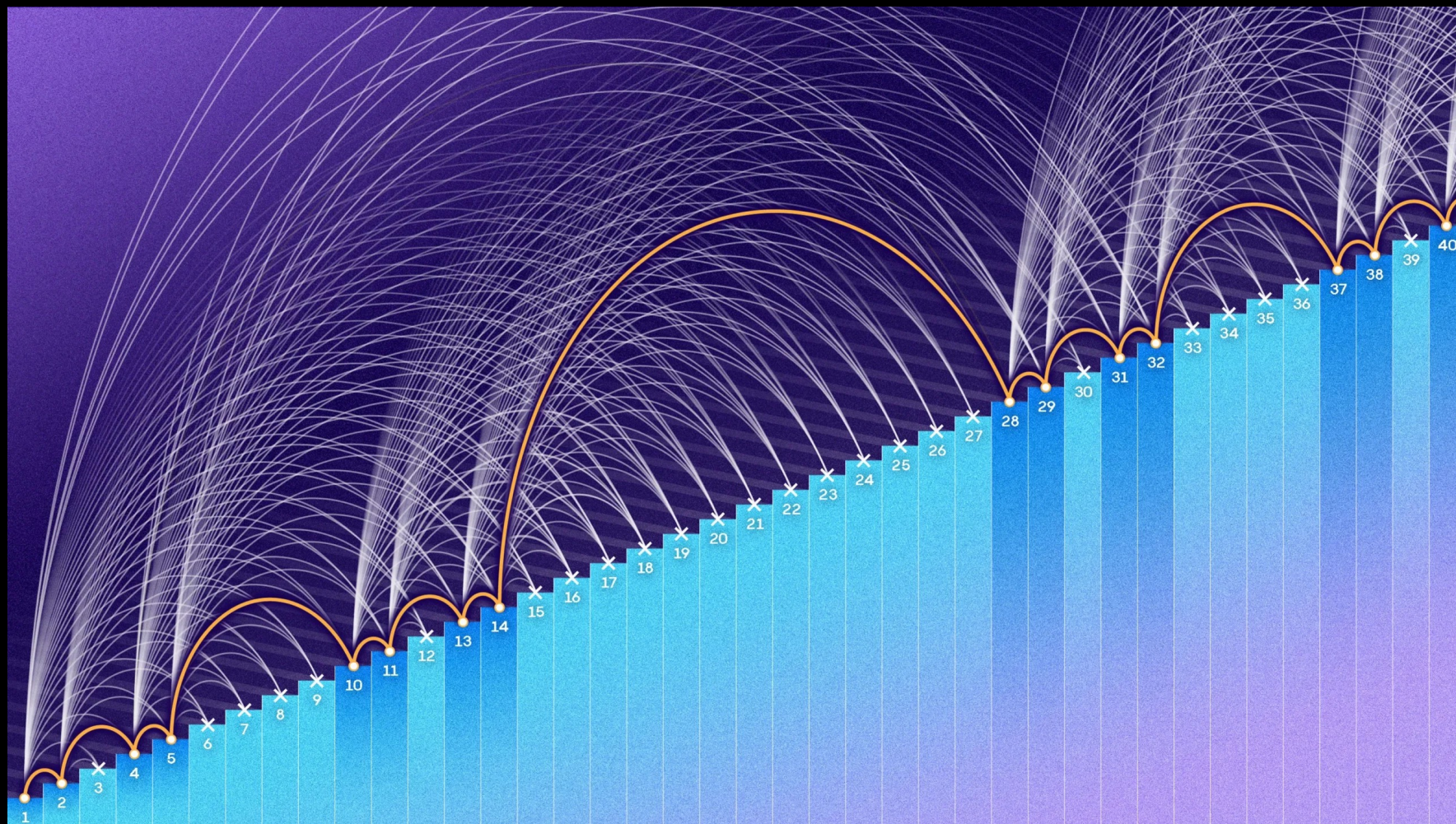
Erdos-Turan 36: How many numbers can we choose from $\{1, 2, \dots, N\}$ without three equally spaced numbers?



Picture from Quanta

3-Term Arithmetic Progressions

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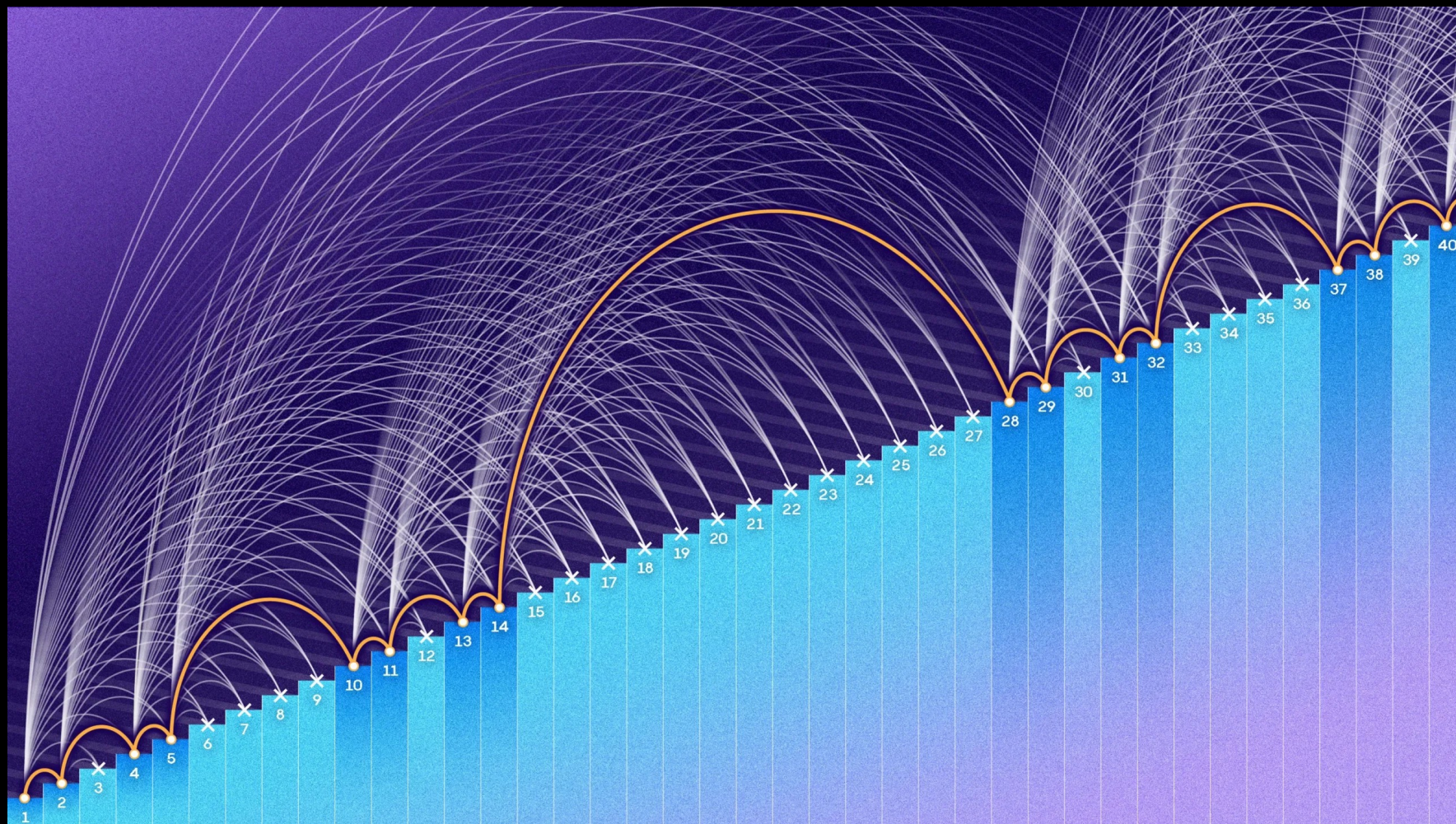


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1. Start with 1,2.
2. Skip 3.
3. Add 4,5.
4. Skip 6,7,8,9.
5.

3-Term Arithmetic Progressions

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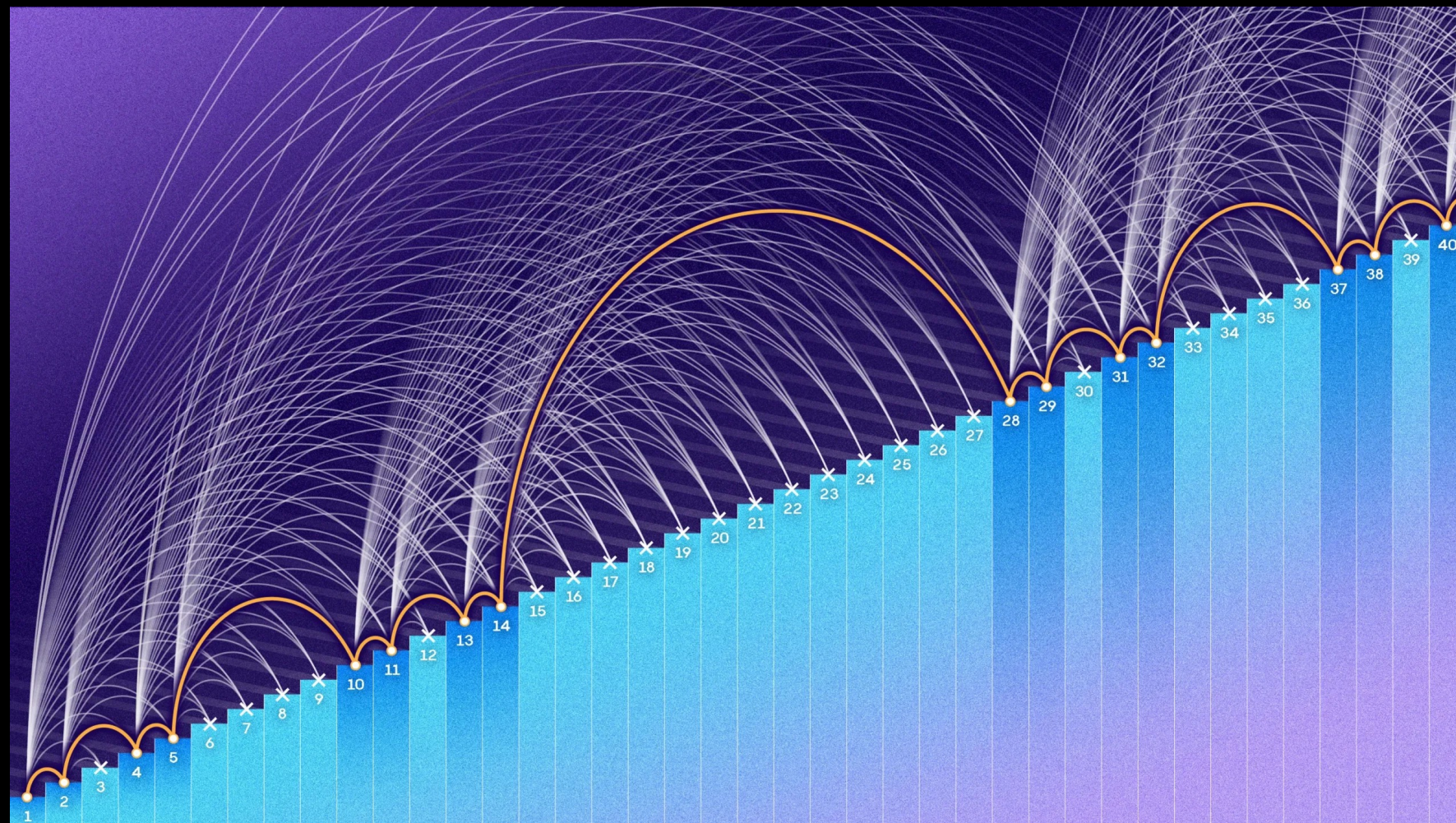
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We get $\approx \sqrt{N}$
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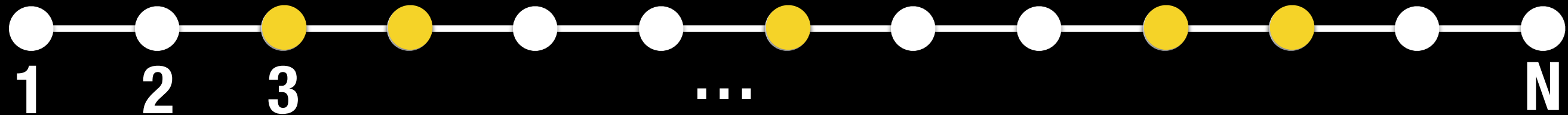
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Is this the best?

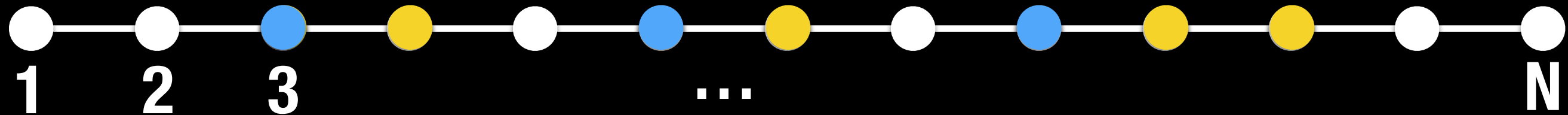
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Erdos-Turan 36: Subset A of integers $\{1, 2, \dots, N\}$,
 $|A| = \delta N$. How small can δ be while guaranteeing a
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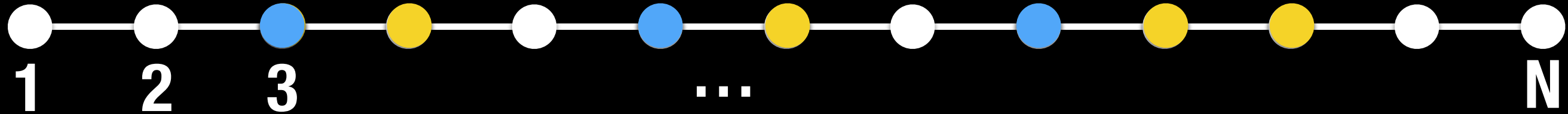
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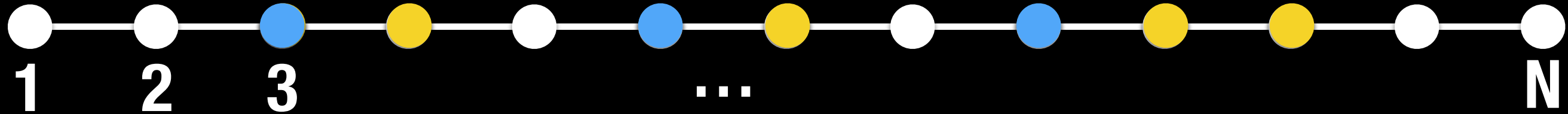
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Roth 53	$\delta \approx 1/(\log \log N)$
Heath-Brown, Szemerédi 87-90	$\delta \approx 1/(\log N)^c, c$ small
Bourgain 99, 08	$\delta \approx 1/(\log N)^{1/2}, 1/(\log N)^{2/3}$
Sanders 11	$\delta \approx (\log \log N)^6/(\log N)$

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Number of triples is $2^{-O(\log(1/\delta)^{12})} N^2$.

A (Finite) Field Detour

Erdos-Turan 36: Subset A of integers $\{1, 2, \dots, N\}$,
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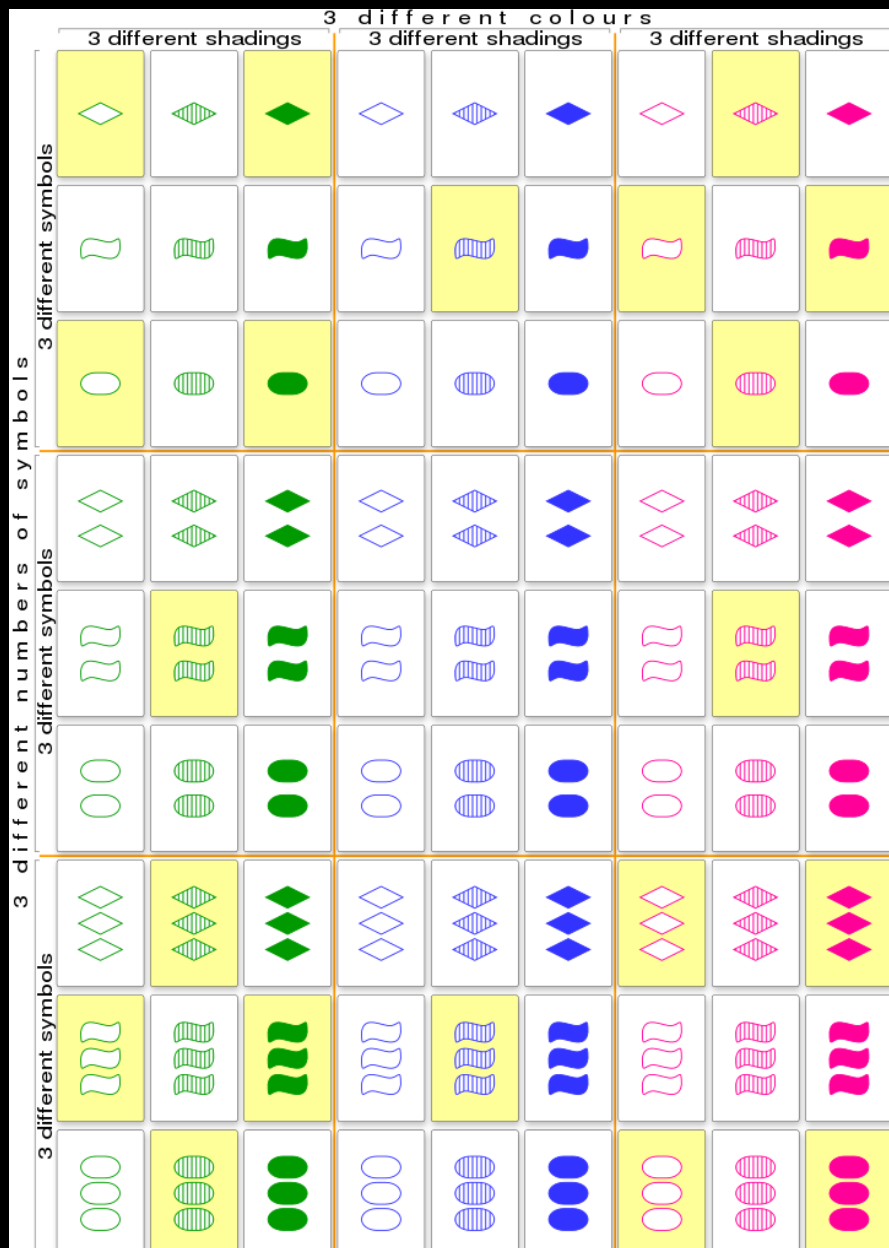
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Are there unequal $a, b, c \in A$, $a + b = 2c \pmod{3}$?

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How many cards do you need in an n -dimensional SET game to find a SET?

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Doesn’t quite carry to integers.

Roth, ..., Bloom-Sisask 20: Proof “analytic”.

We can “push” it to integers.

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This work: An analytic proof that $\delta \approx 2^{-\Omega((\log N)^{0.11})}$ suffices.

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Bloom-Sisask 23: A much cleaner way to push the finite field arguments to integers and new improvements.

Rest of the talk:

We have a subset A of $\{0,1,2\}^n$, $|A| = \delta 3^n$.

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**1. Structure vs
randomness**

**Density increment
onto subspaces**

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**1. Structure vs
randomness**

**Density increment
onto subspaces**

**3AP problem has been the
progenitor of many
important techniques with
wide applications ...**

Rest of the talk:

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**Density increment
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**2. Spectral
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**Underestimation to
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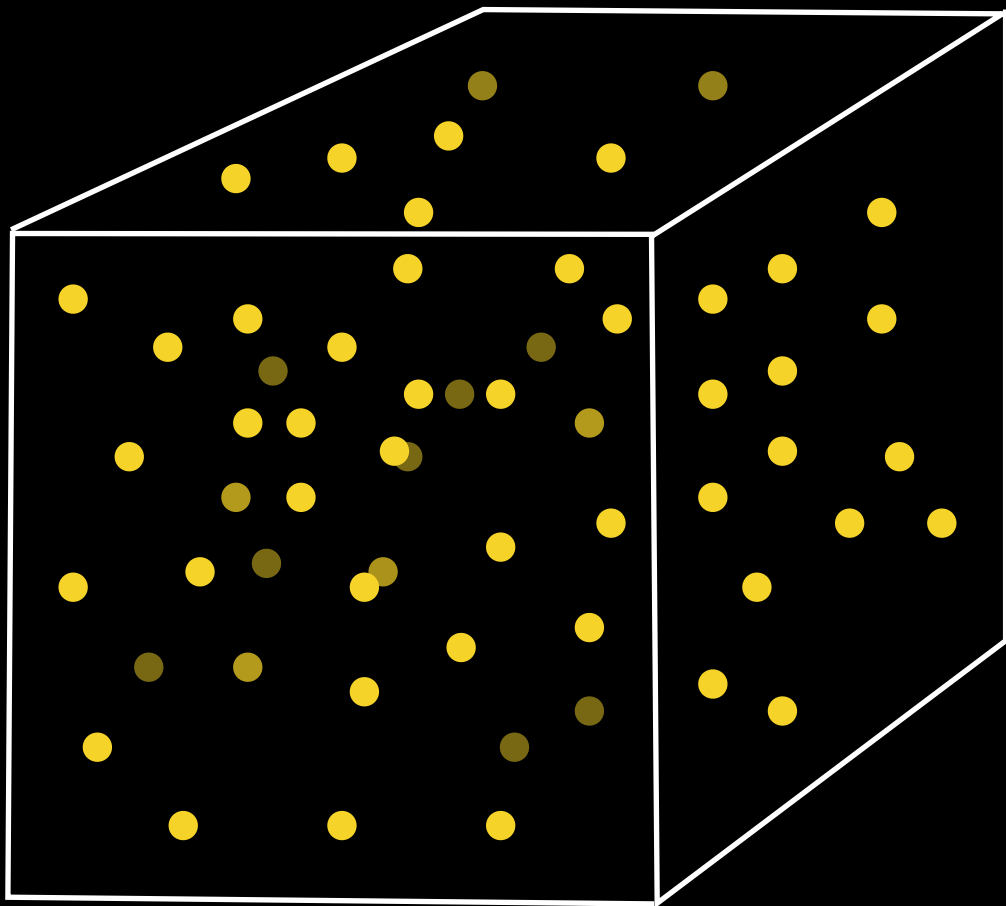
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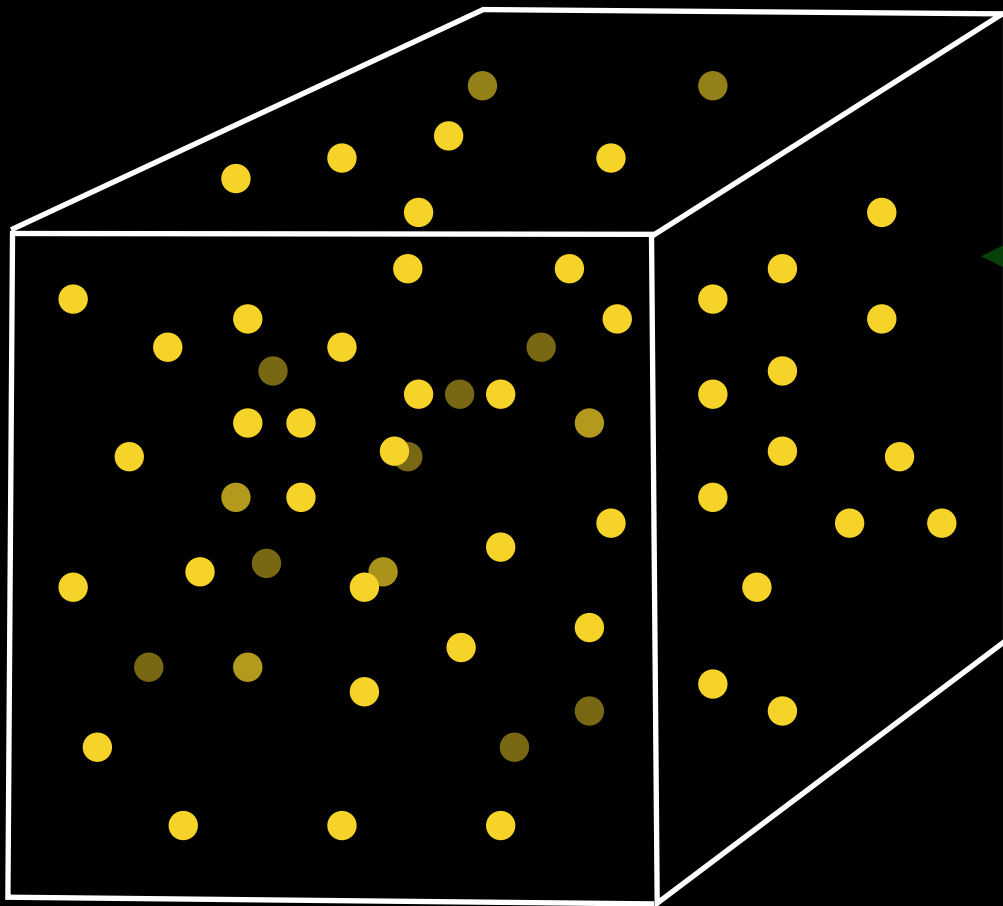
**Finding structured
substructures**

Structure vs Randomness



$$A \subseteq \{0,1,2\}^n$$
$$|A| = \delta N, N = 3^n.$$

Structure vs Randomness



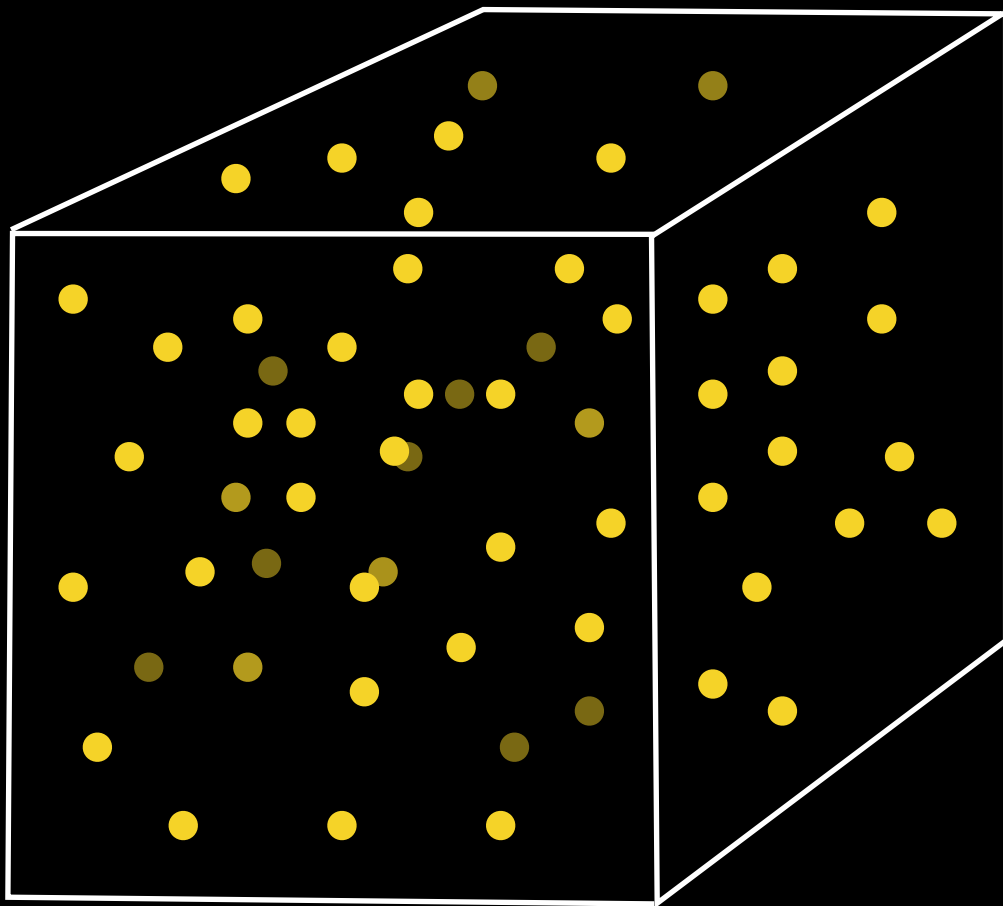
A is truly random and “density” δ :
 $E[\text{Num. 3APs in } A] \approx \delta^3 N^2 \gg \delta N$.
Many non-trivial 3APs!

$$A \subseteq \{0,1,2\}^n$$
$$|A| = \delta N, N = 3^n.$$

Structure vs Randomness

Wish 1: “Close to” uniform

⇒ Many 3APs

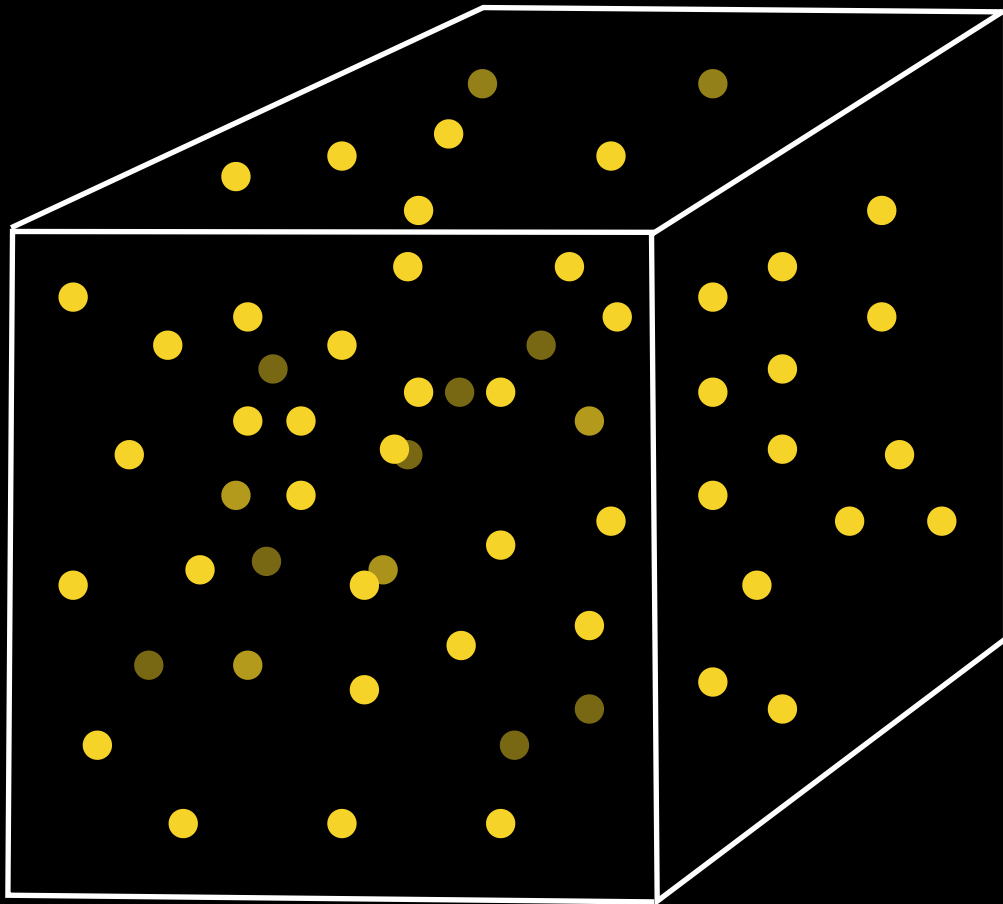


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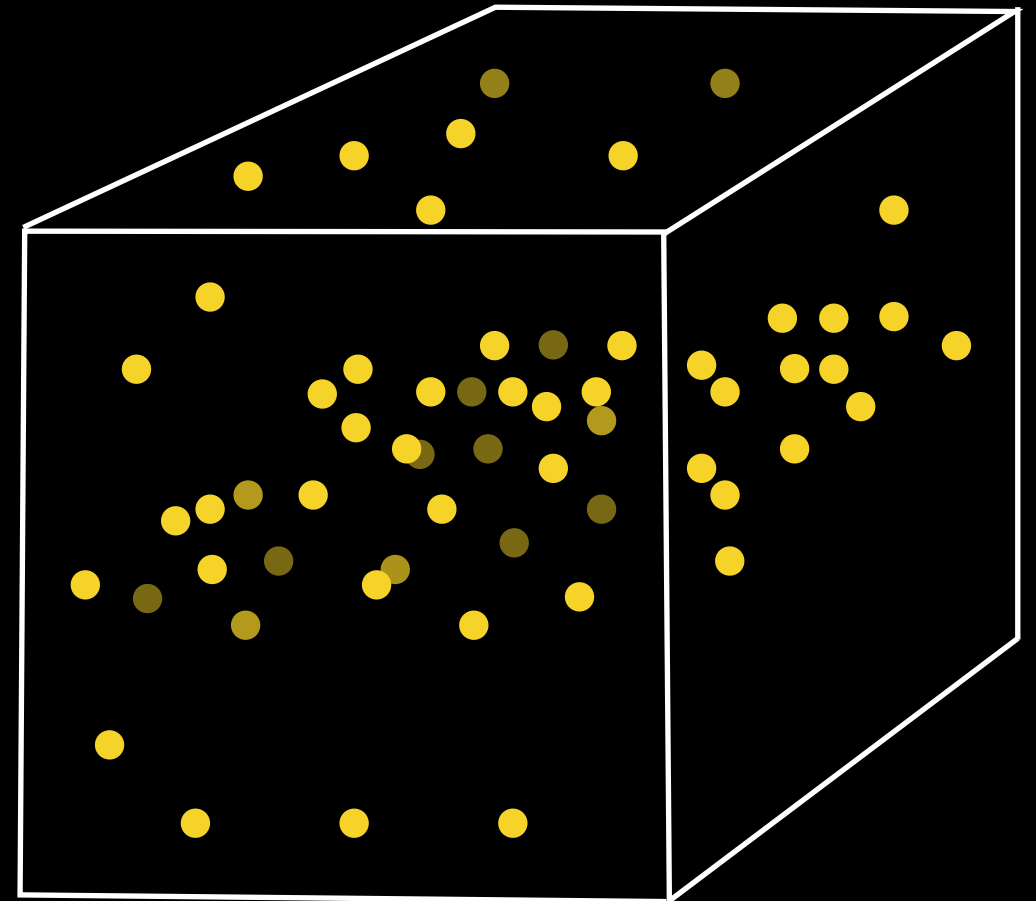
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Structure vs Randomness

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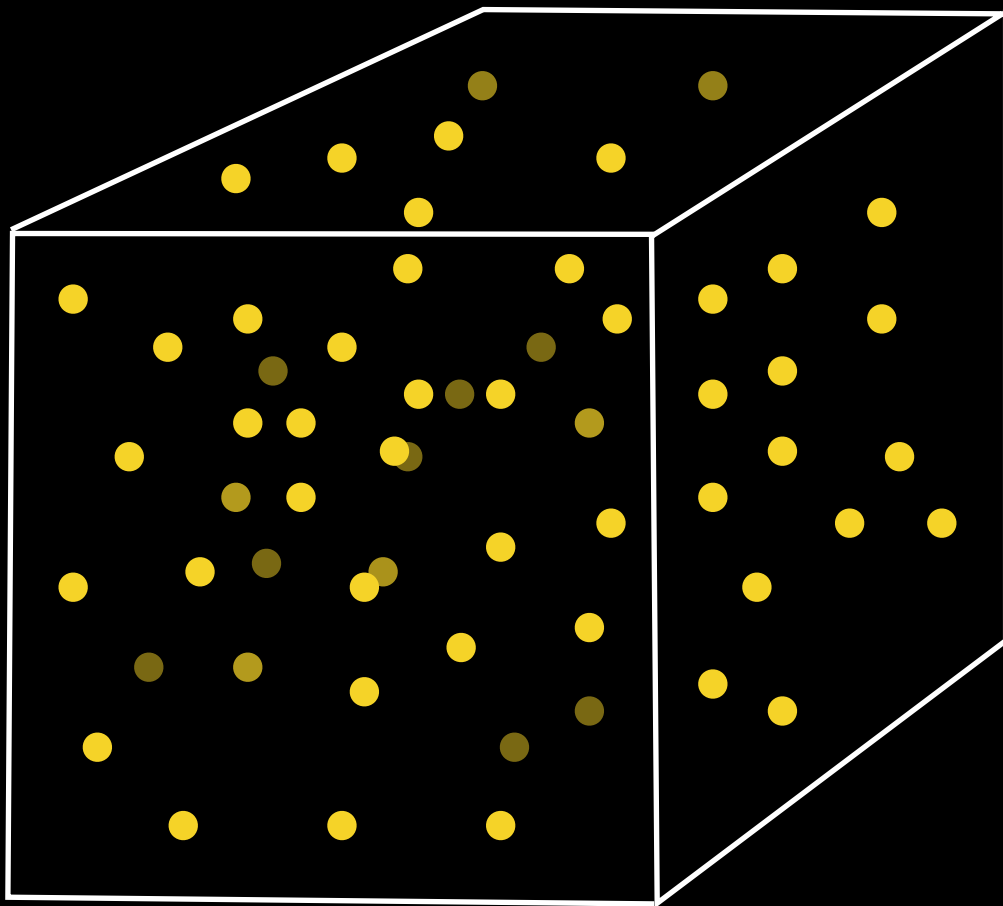


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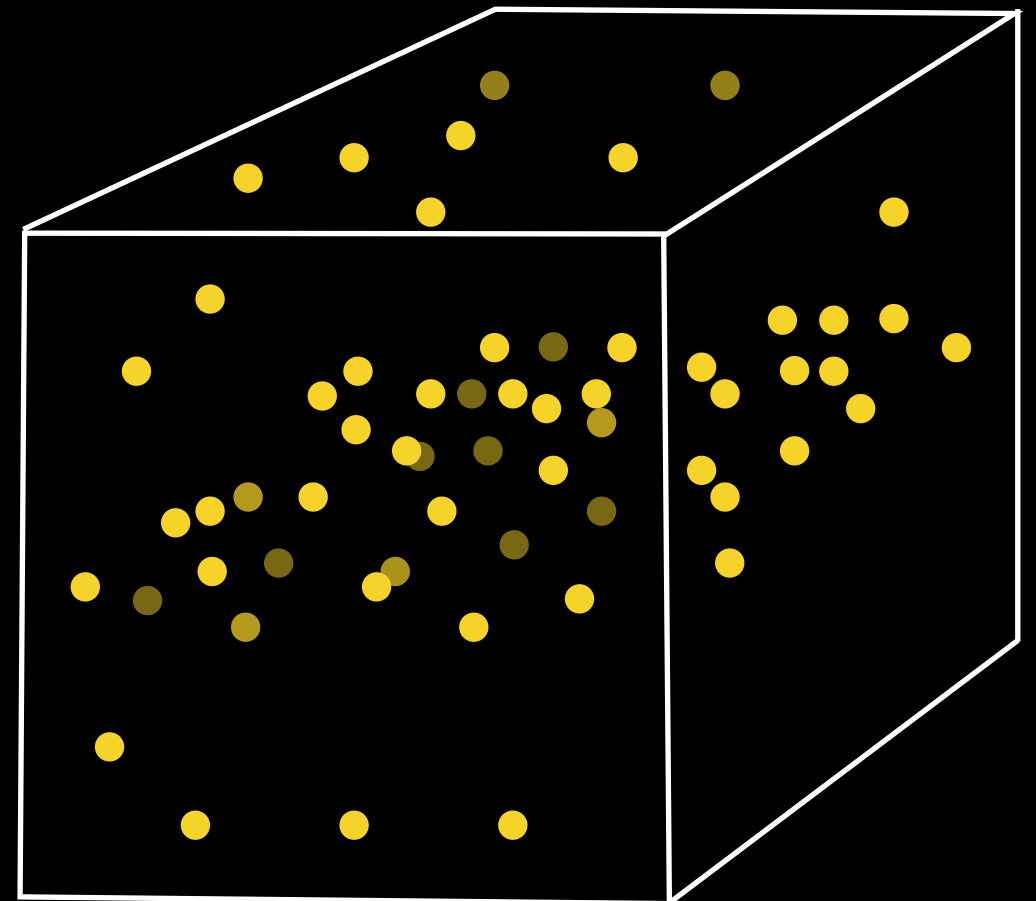
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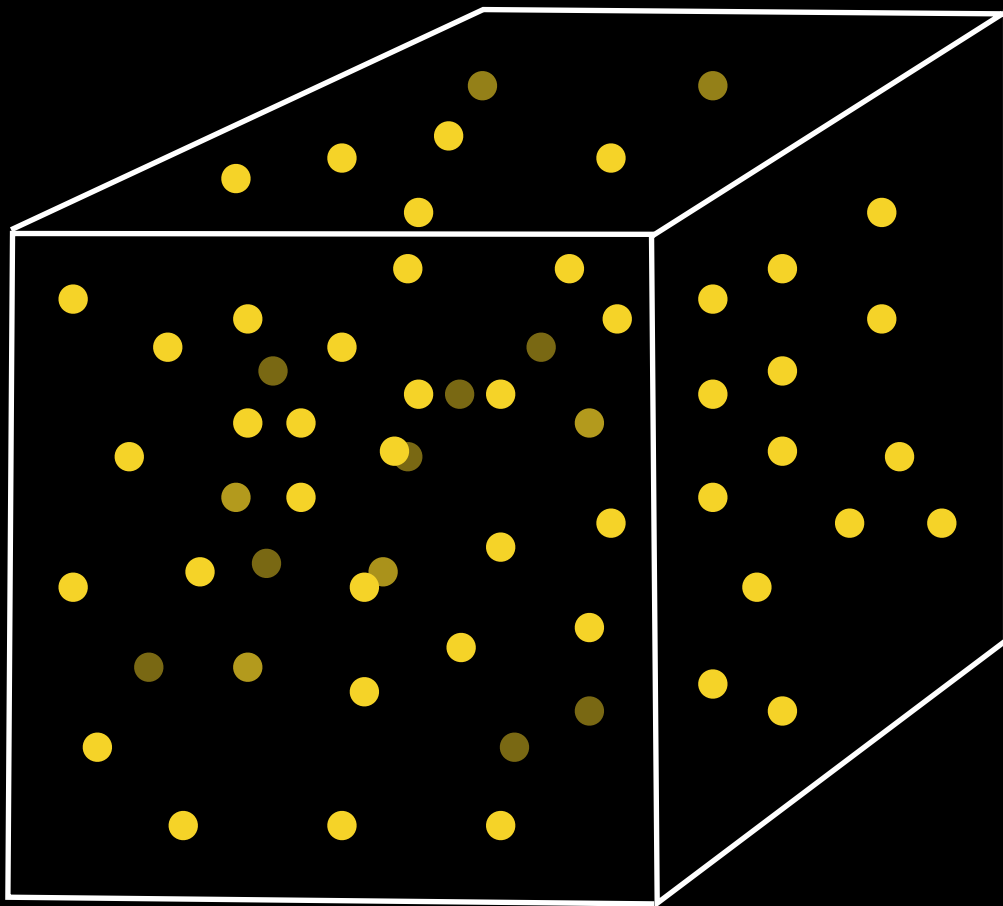
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**Wish 2: Far from uniform ⇒
“Structure”.**



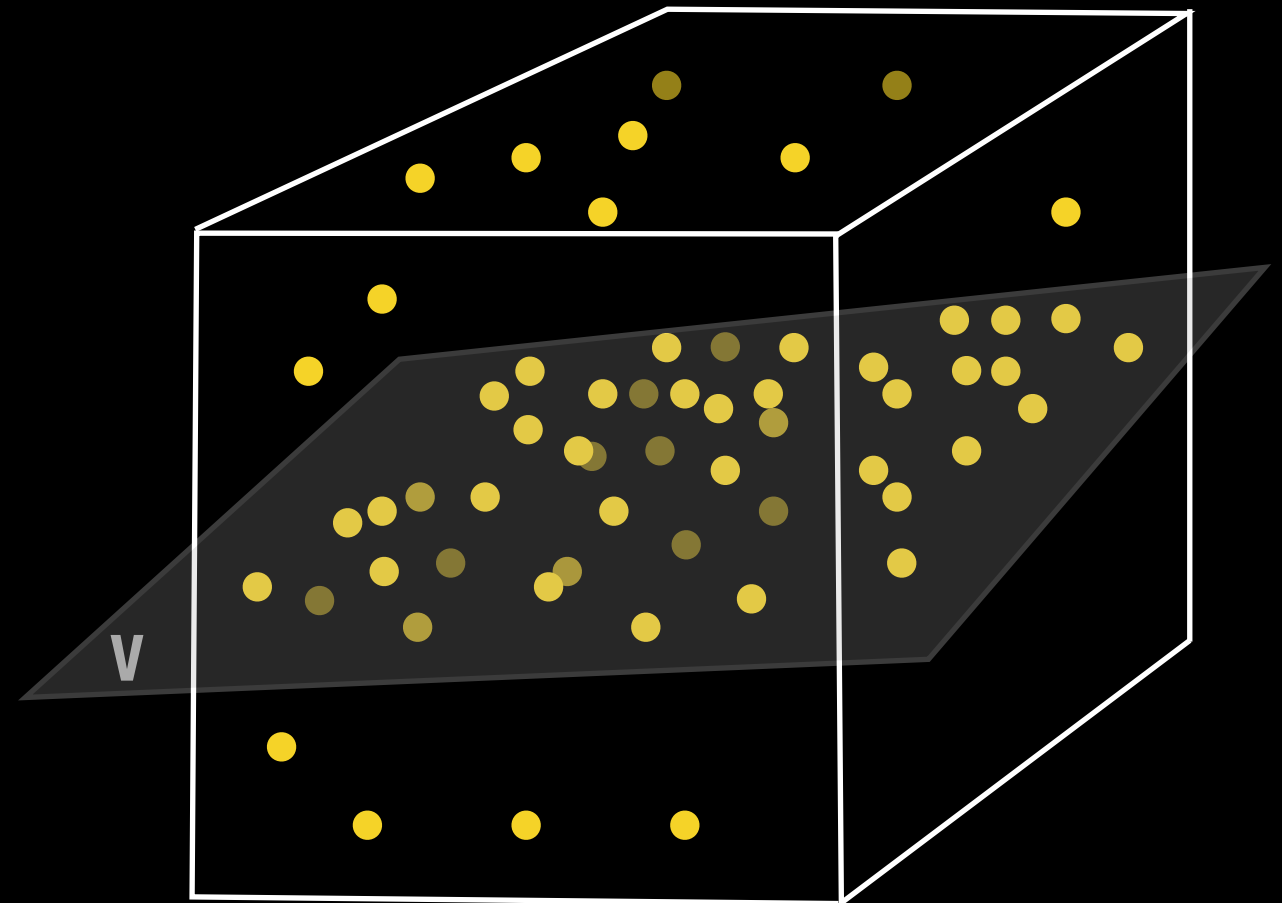
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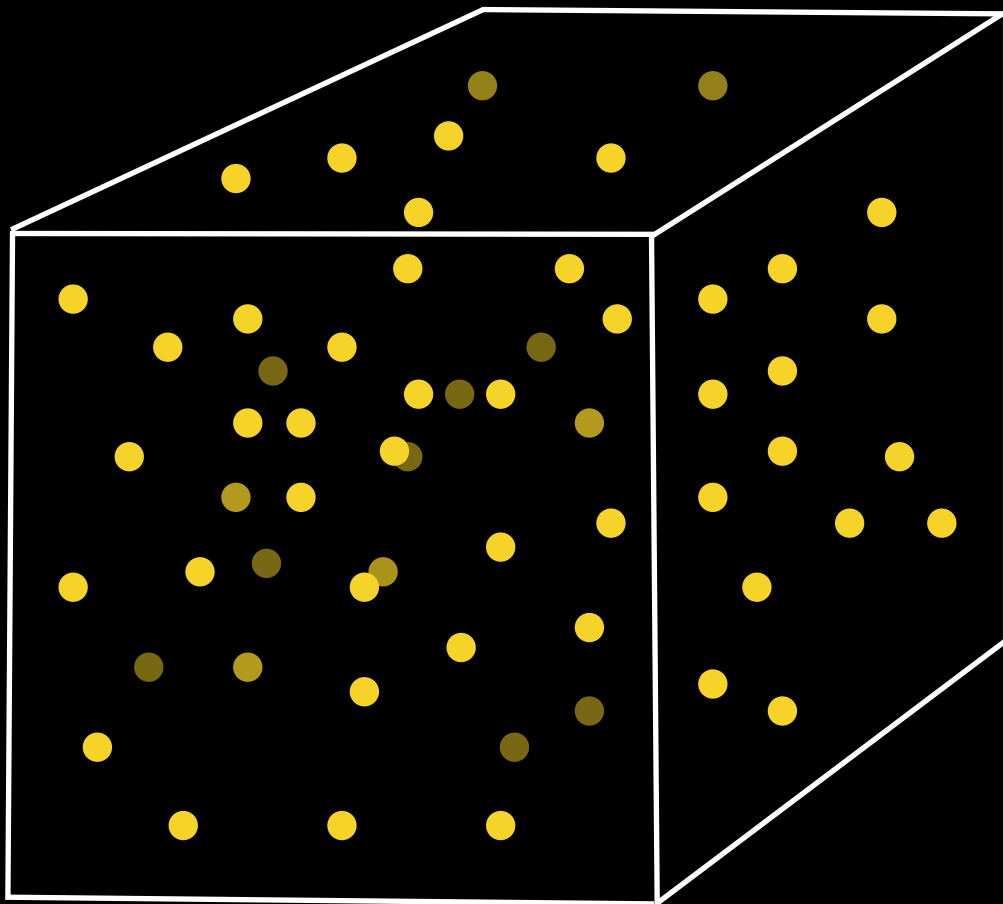
**Wish 2: Far from uniform ⇒
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Affine space V
 $|A \cap V| > \delta |V|.$
Induct on V

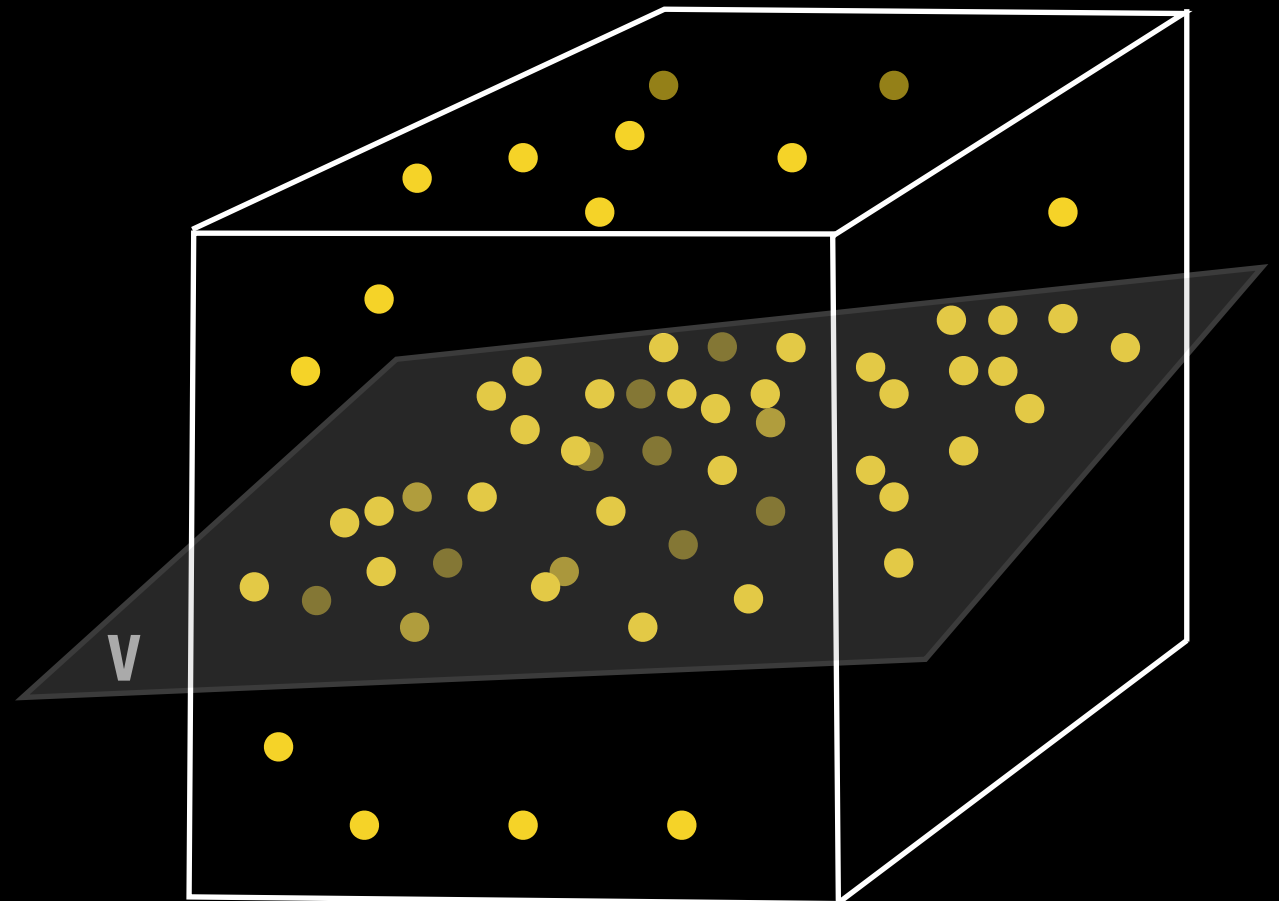
Structure vs Randomness

**Wish 1: “Close to” uniform
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$$A \subseteq \{0,1,2\}^n$$
$$|A| = \delta N, N = 3^n.$$

**Wish 2: Far from uniform ⇒ affine space V
with density increment, $\text{co-dim}(V)$ small.**



Affine space V
 $|A \cap V| > \delta |V|.$
Induct on V

Roth-Meshulam Proof

**Wish 1: “Close to” uniform
 \Rightarrow Many 3APs**

**Wish 2: Far from uniform \Rightarrow affine space V
with density increment , $\text{co-dim}(V)$ small.**

$$\begin{aligned} A &\subseteq \mathbb{F}_3^n \\ |A| &= \delta N, N = 3^n. \end{aligned}$$

Roth-Meshulam Proof

Wish 1: “Close to” uniform
 \Rightarrow Many 3APs

Wish 2: Far from uniform \Rightarrow affine space V
with density increment, $\text{co-dim}(V)$ small.

1. A is small-biased \Rightarrow Many 3APs.

**Thm: Uniform on A fools linear tests with error $\delta/2$,
then number of 3APs in $A > \delta^3 N^2/2$.**

$$A \subseteq \mathbb{F}_3^n$$

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$$Pr[\langle w, X \rangle = \alpha] = \frac{1}{3} \pm \frac{\delta}{6}.$$
$$X \sim A, \forall w \in \{0,1,2\}^n, \alpha \in \{0,1,2\}.$$

$$A \subseteq \mathbb{F}_3^n$$
$$|A| = \delta N, N = 3^n.$$

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then number of 3APs in $A > \delta^3 N^2/2$.**

2. A not small-biased \Rightarrow density inc.

**Thm: If A not small-biased \Rightarrow affine space V
of co-dimension 1, $|A \cap V| > (\delta + \Omega(\delta^2)) |V|$.**

$$A \subseteq \mathbb{F}_3^n$$

$$|A| = \delta N, N = 3^n.$$

Roth-Meshulam Proof

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 \Rightarrow Many 3APs**

**Wish 2: Far from uniform \Rightarrow affine space V
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A, \mathbb{F}_3^n , density δ

$$\begin{aligned} A &\subseteq \mathbb{F}_3^n \\ |A| &= \delta N, N = 3^n. \end{aligned}$$

Roth-Meshulam Proof

**Wish 1: “Close to” uniform
⇒ Many 3APs**

**Wish 2: Far from uniform ⇒ affine space V
with density increment, $\text{co-dim}(V)$ small.**

A, \mathbb{F}_3^n , density δ

→
No 3AP

**$A_1 = A \cap V_1, V_1$,
density $\delta + \delta^2$**

$$\begin{aligned} A &\subseteq \mathbb{F}_3^n \\ |A| &= \delta N, N = 3^n. \end{aligned}$$

Roth-Meshulam Proof

**Wish 1: “Close to” uniform
⇒ Many 3APs**

**Wish 2: Far from uniform ⇒ affine space V
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$$A, \mathbb{F}_3^n, \text{density } \delta$$

No 3AP

$$A_1 = A \cap V_1, V_1, \\ \text{density } \delta + \delta^2$$

No 3AP

$$A_2 = A_1 \cap V_2, V_2, \\ \text{density } \delta + 2\delta^2$$

$$A \subseteq \mathbb{F}_3^n \\ |A| = \delta N, N = 3^n.$$

Roth-Meshulam Proof

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$$A, \mathbb{F}_3^n, \text{density } \delta$$

No 3AP

$$A_1 = A \cap V_1, V_1, \\ \text{density } \delta + \delta^2$$

No 3AP

$$A_l = A \cap V_l, V_l, \\ \text{density } 1.01 \cdot \delta$$

$1/\delta$
Iterations

$$A_2 = A_1 \cap V_2, V_2, \\ \text{density } \delta + 2\delta^2$$

$$A \subseteq \mathbb{F}_3^n \\ |A| = \delta N, N = 3^n.$$

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$$A, \mathbb{F}_3^n, \text{density } \delta$$

No 3AP

$$A_1 = A \cap V_1, V_1, \\ \text{density } \delta + \delta^2$$

No 3AP

Contradiction:
 $\delta > 100/n.$

$$A_l = A \cap V_l, V_l, \\ \text{density } 1.01 \cdot \delta$$

$1/\delta$
Iterations

$$A_2 = A_1 \cap V_2, V_2, \\ \text{density } \delta + 2\delta^2$$

$$A \subseteq \mathbb{F}_3^n \\ |A| = \delta N, N = 3^n.$$

Roth-Meshulam Proof

**Wish 1: “Close to” uniform
 \Rightarrow Many 3APs**

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$1/\delta$
 Iterations

$$A_2 = A_1 \cap V_2, V_2, \text{density } \delta + 2\delta^2$$

Thm: $A \subseteq \mathbb{F}_3^n, |A| \gg 3^n/n$, then A has many 3APs.

$$A \subseteq \mathbb{F}_3^n$$

$$|A| = \delta N, N = 3^n.$$

Going beyond?

**Wish 1: “Close to” uniform
 \Rightarrow Many 3APs**

**Wish 2: Far from uniform \Rightarrow affine space V
with density increment , $\text{co-dim}(V)$ small.**

$$\begin{aligned} A &\subseteq \{0,1,2\}^n \\ |A| &= \delta N, N = 3^n. \end{aligned}$$

Going beyond?

**Wish 1: “Close to” uniform
 \Rightarrow Many 3APs**

**Wish 2: Far from uniform \Rightarrow affine space V
with density increment, $\text{co-dim}(V)$ small.**

Step 1. “Close” to uniform \Rightarrow Many 3APs?

**Step 2. Far from uniform \Rightarrow affine V with
(1.01) density increment,
 $\text{co-dim}(V) \leq \text{poly}(\log(1/\delta))$?**

**Previous arguments:
Need $\text{co-dim}(V) \approx 1/\delta$.**

$$\begin{aligned} A &\subseteq \{0,1,2\}^n \\ |A| &= \delta N, N = 3^n. \end{aligned}$$

Going beyond?

Step 1. “Close” to uniform \Rightarrow Many 3APs?

Let $2A = \{2c : c \in A\}$.

Want: Many $a, b \in A$ such that $a + b \in 2A$.

Recall: Want distinct $a, b, c \in A, a + b = 2c$

$$A \subseteq \{0,1,2\}^n$$
$$|A| = \delta N, N = 3^n.$$

Going beyond?

Step 1. “Close” to uniform \Rightarrow Many 3APs?

Let $2A = \{2c : c \in A\}$.

Want: Many $a, b \in A$ such that $a + b \in 2A$.

Quantitatively?

$$A \subseteq \{0,1,2\}^n$$
$$|A| = \delta N, N = 3^n.$$

Going beyond?

Step 1. “Close” to uniform \Rightarrow Many 3APs?

Let $2A = \{2c : c \in A\}$.

Want: Many $a, b \in A$ such that $a + b \in 2A$.

X, Y independent, uniform over A

$Pr[X + Y \in 2A] = \Omega(\delta)?$

**$A \subseteq \{0,1,2\}^n$
 $|A| = \delta N, N = 3^n.$**

Going beyond?

Step 1. “Close” to uniform \Rightarrow Many 3APs?

Let $2A = \{2c : c \in A\}$.

Want: Many $a, b \in A$ such that $a + b \in 2A$.

X, Y independent, uniform over A

$Pr[X + Y \in 2A] = \Omega(\delta)?$

Distribution of $X+Y$?

**$A \subseteq \{0,1,2\}^n$
 $|A| = \delta N, N = 3^n.$**

Going beyond?

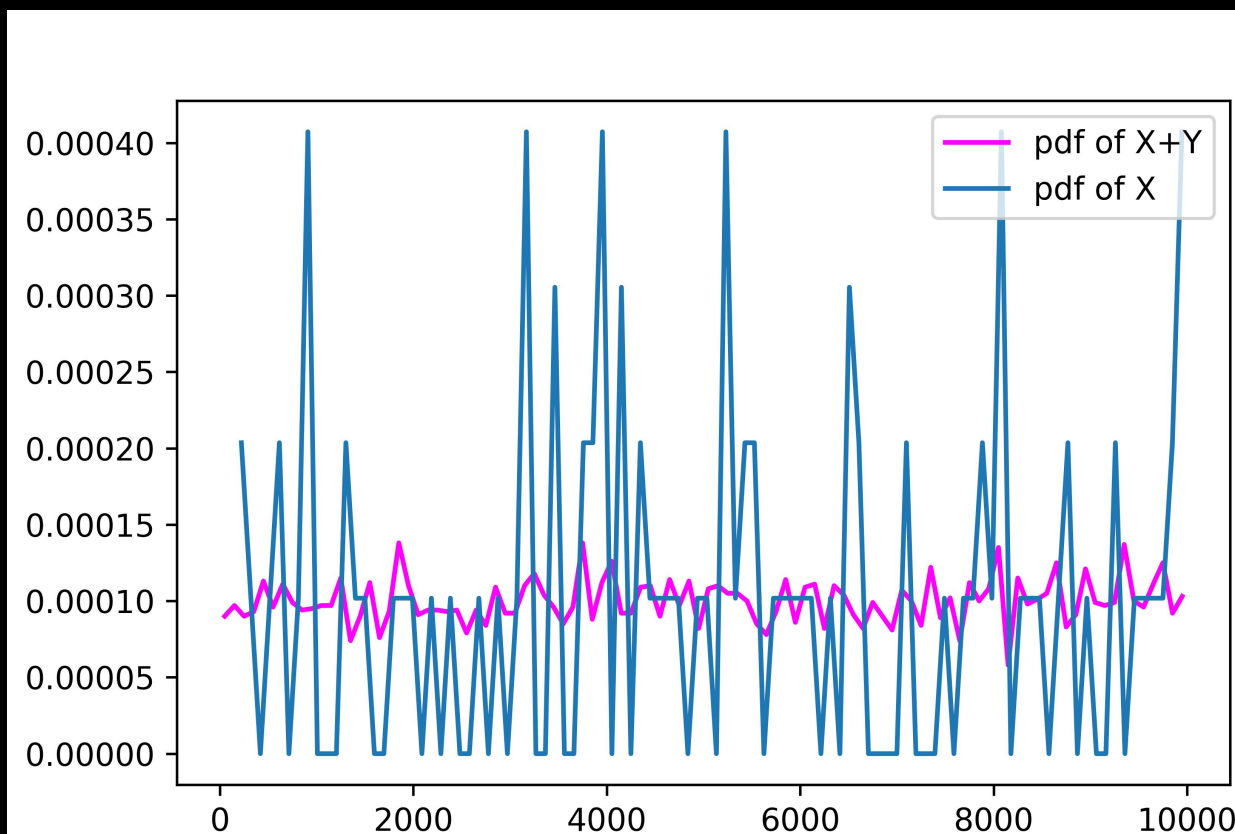
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A Star Arises

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Convolutions: $f * g(x) = E_z[f(z) g(x - z)]$.
 $f \circ g(x) = E_z[f(z) g(x + z)]$.

$$A \subseteq \{0,1,2\}^n$$
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Closeness: Lowerconcentration

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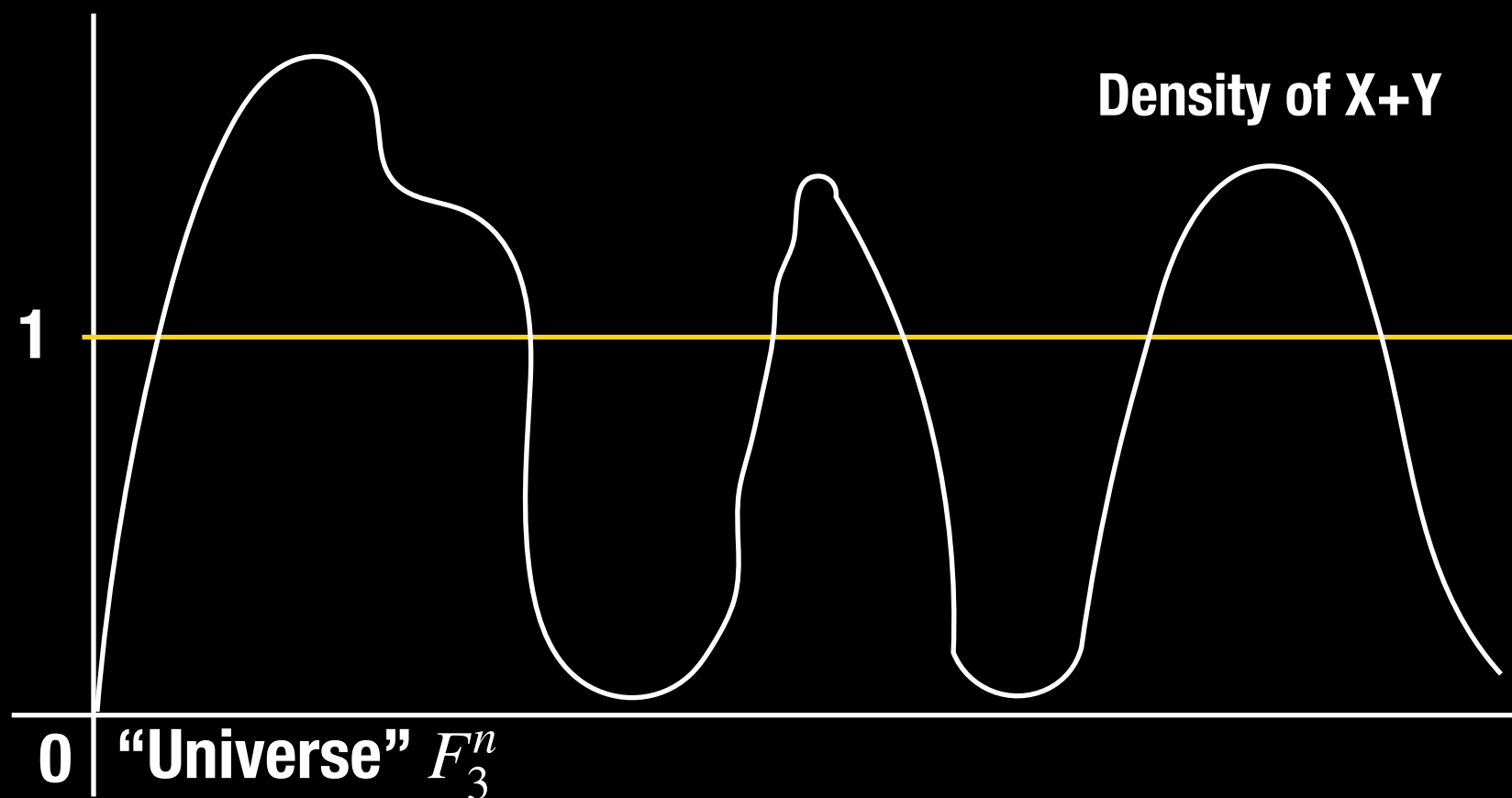
**Hitting property: X, Y independent uniform over A ,
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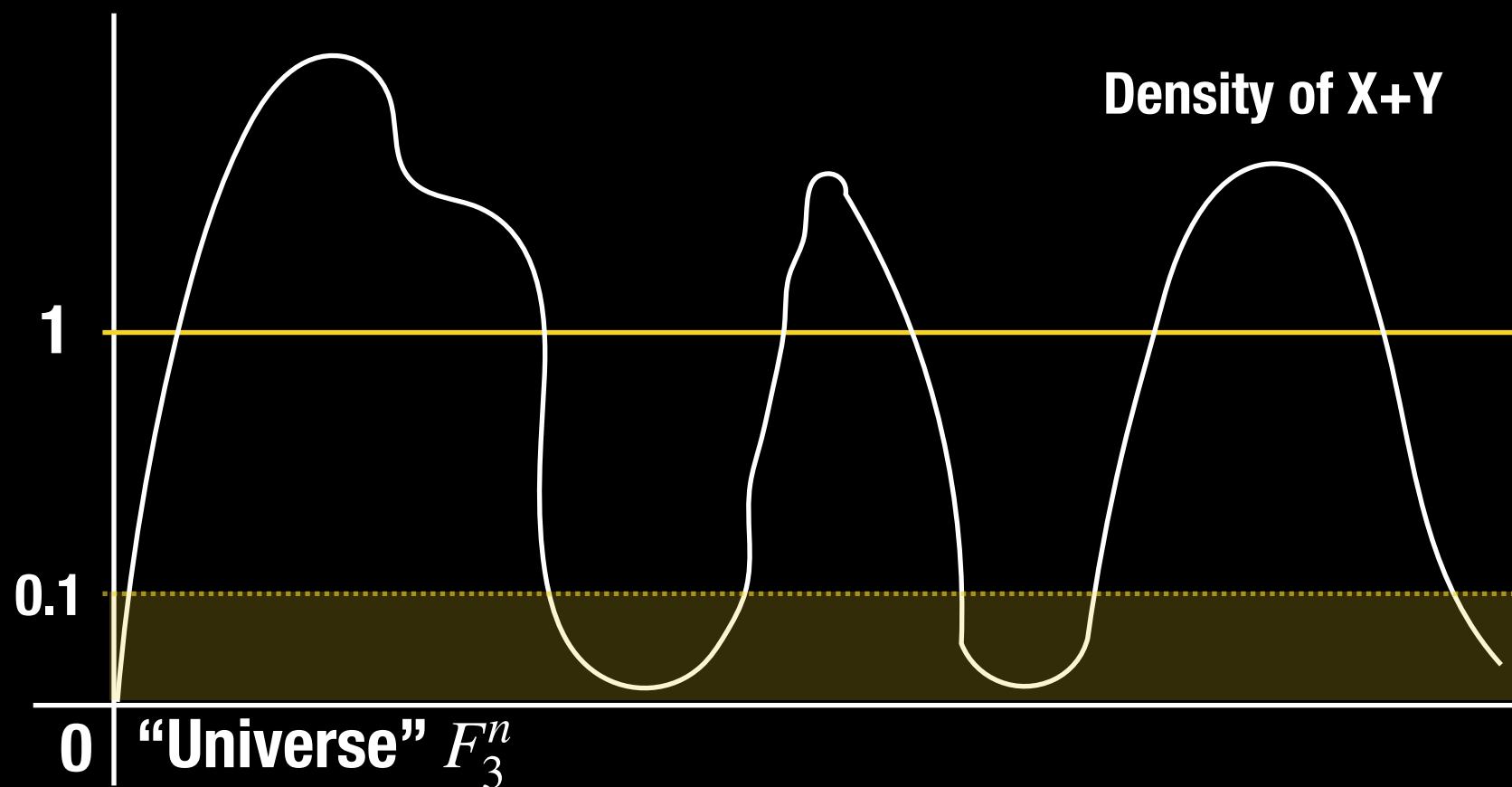


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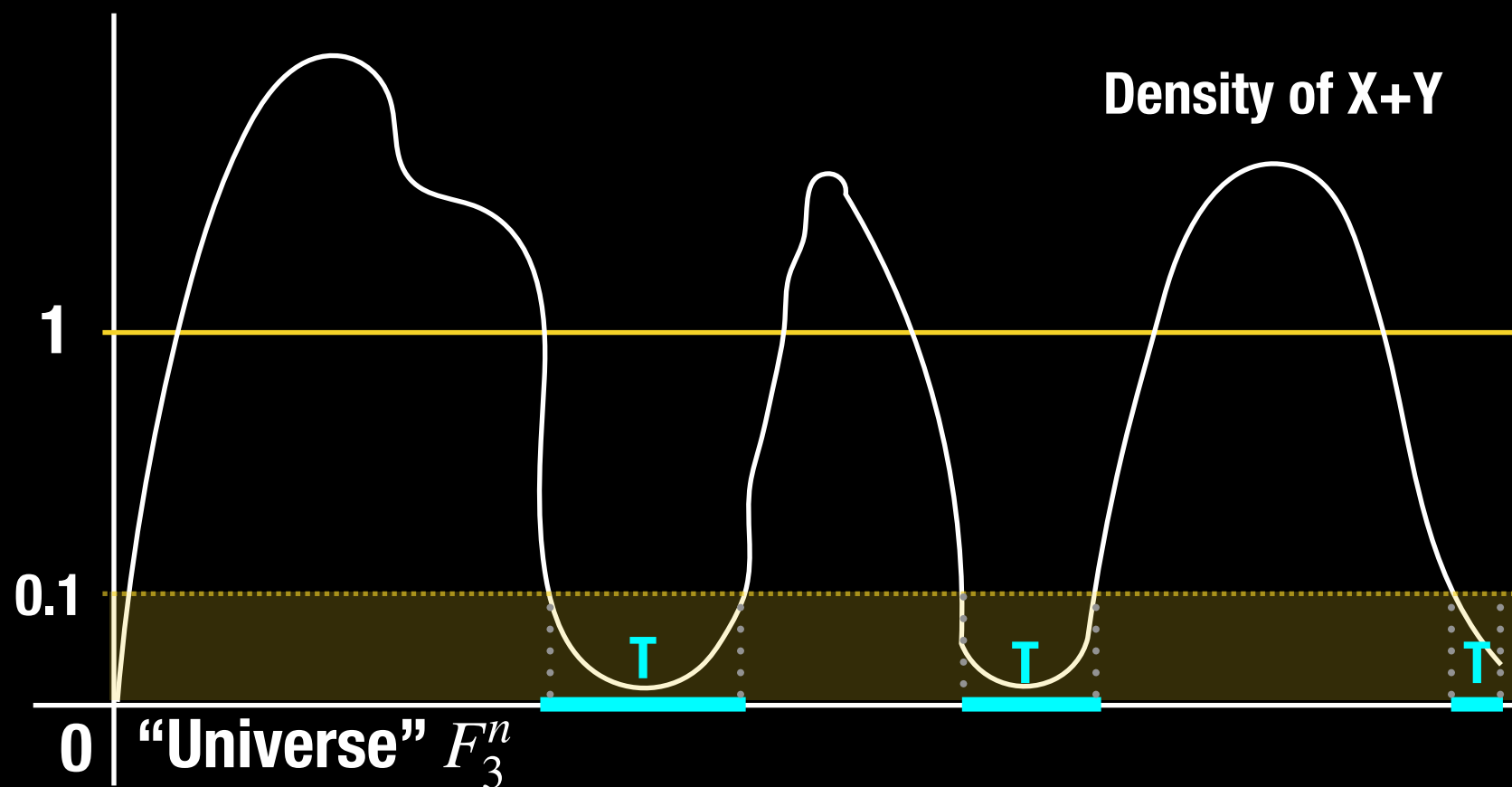


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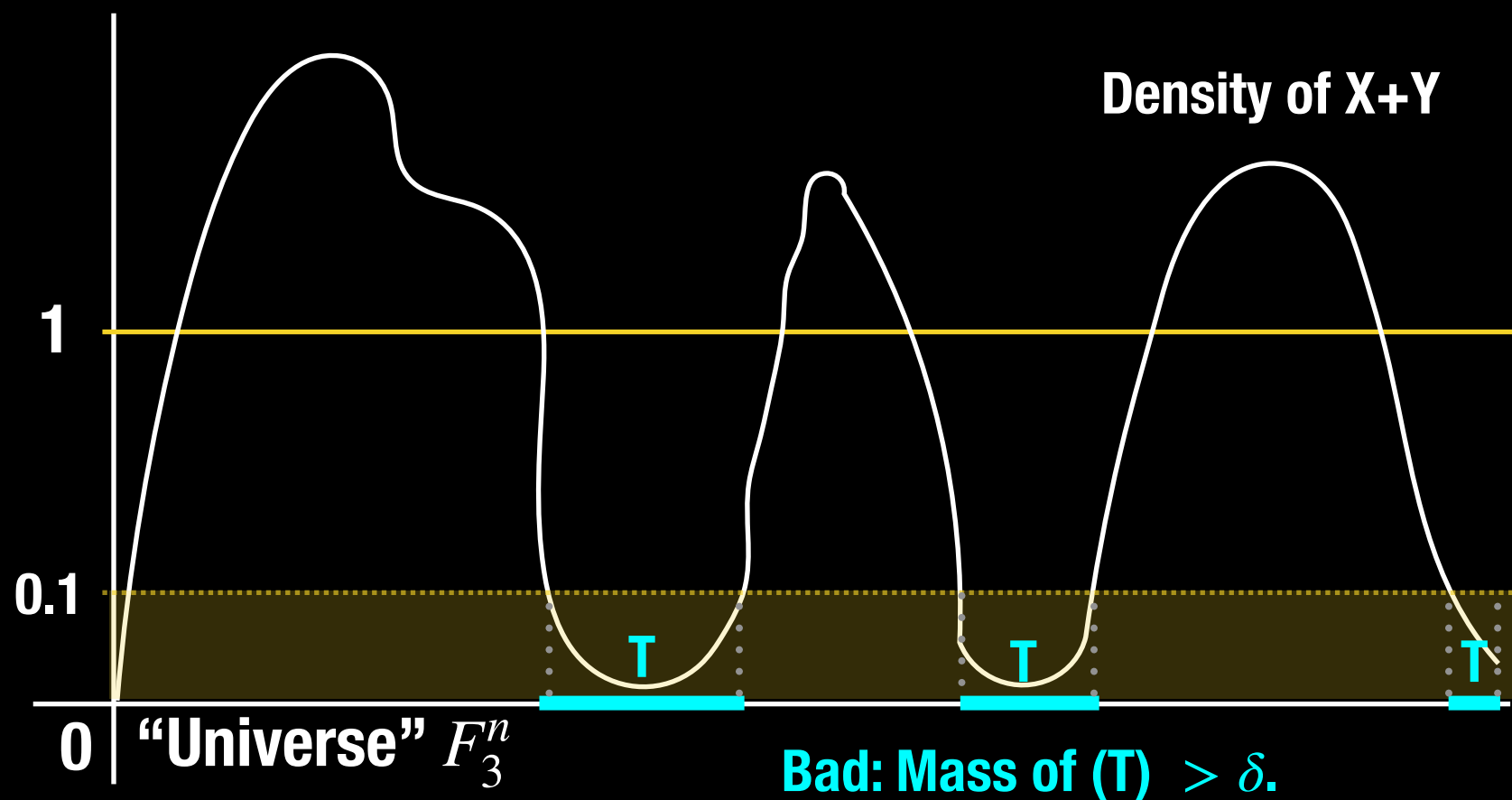


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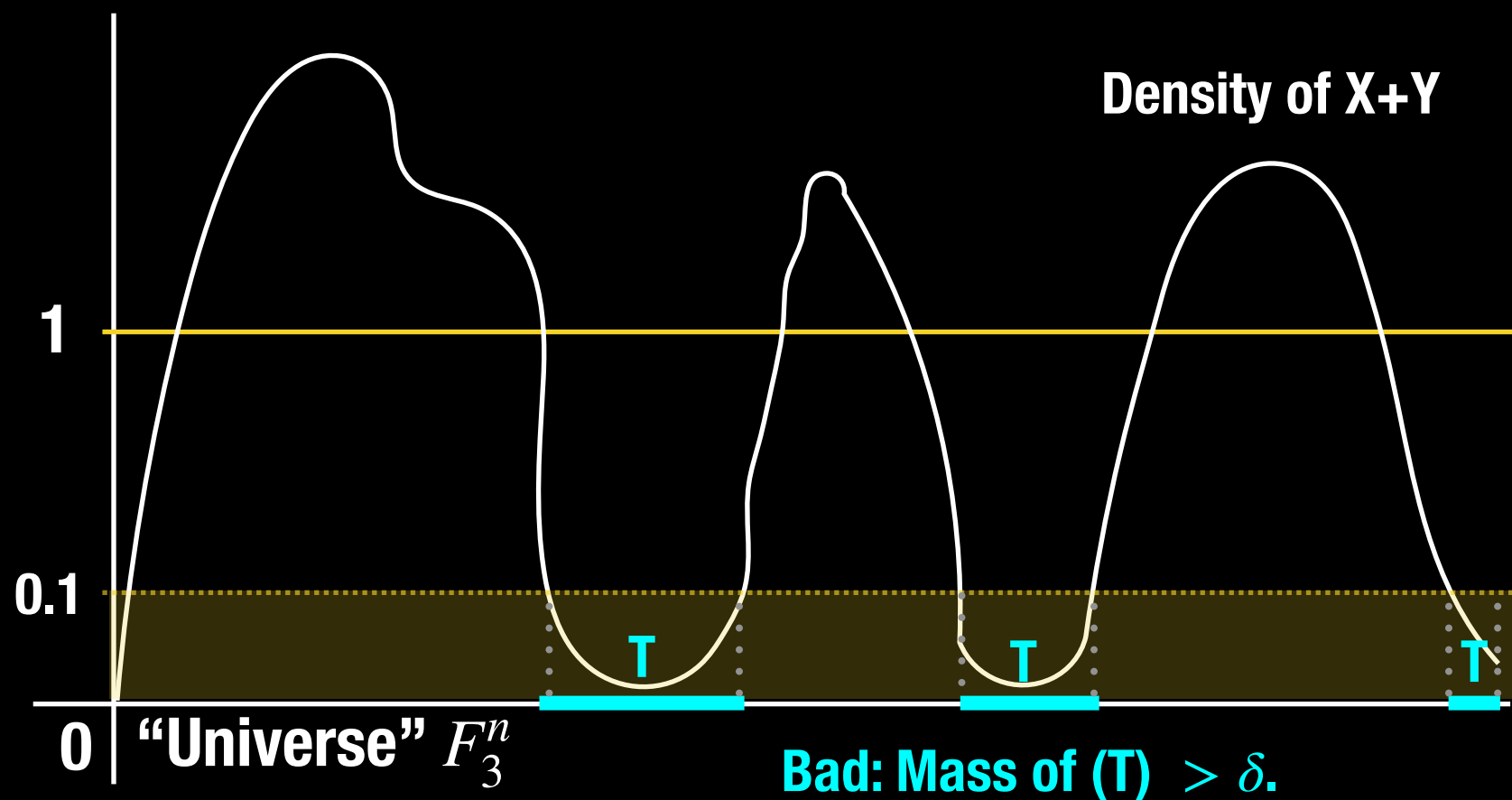


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Step 1. “Close” to uniform \Rightarrow Many 3APs?

Def: Density q δ -lower-concentrated if
$$\Pr[q(z) < 0.1] < \delta/2.$$



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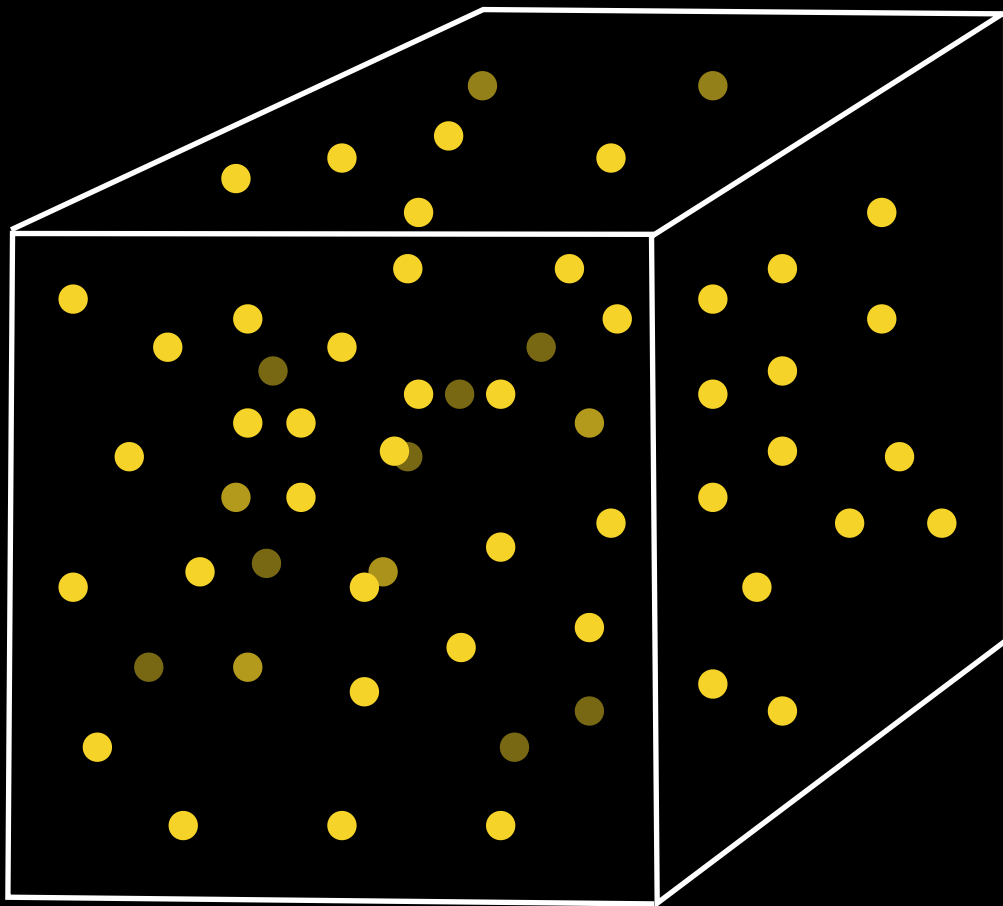
S vs R Lemma: $\mu_A * \mu_A$ lower-concentrated, then we
have many 3APs.

Proof: $Pr[X + Y \in 2A] \geq \delta/20$.
Number of 3APs is $\approx \delta^3 N^2/20$.

$$A \subseteq \{0,1,2\}^n$$
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Structure vs Randomness: Summary

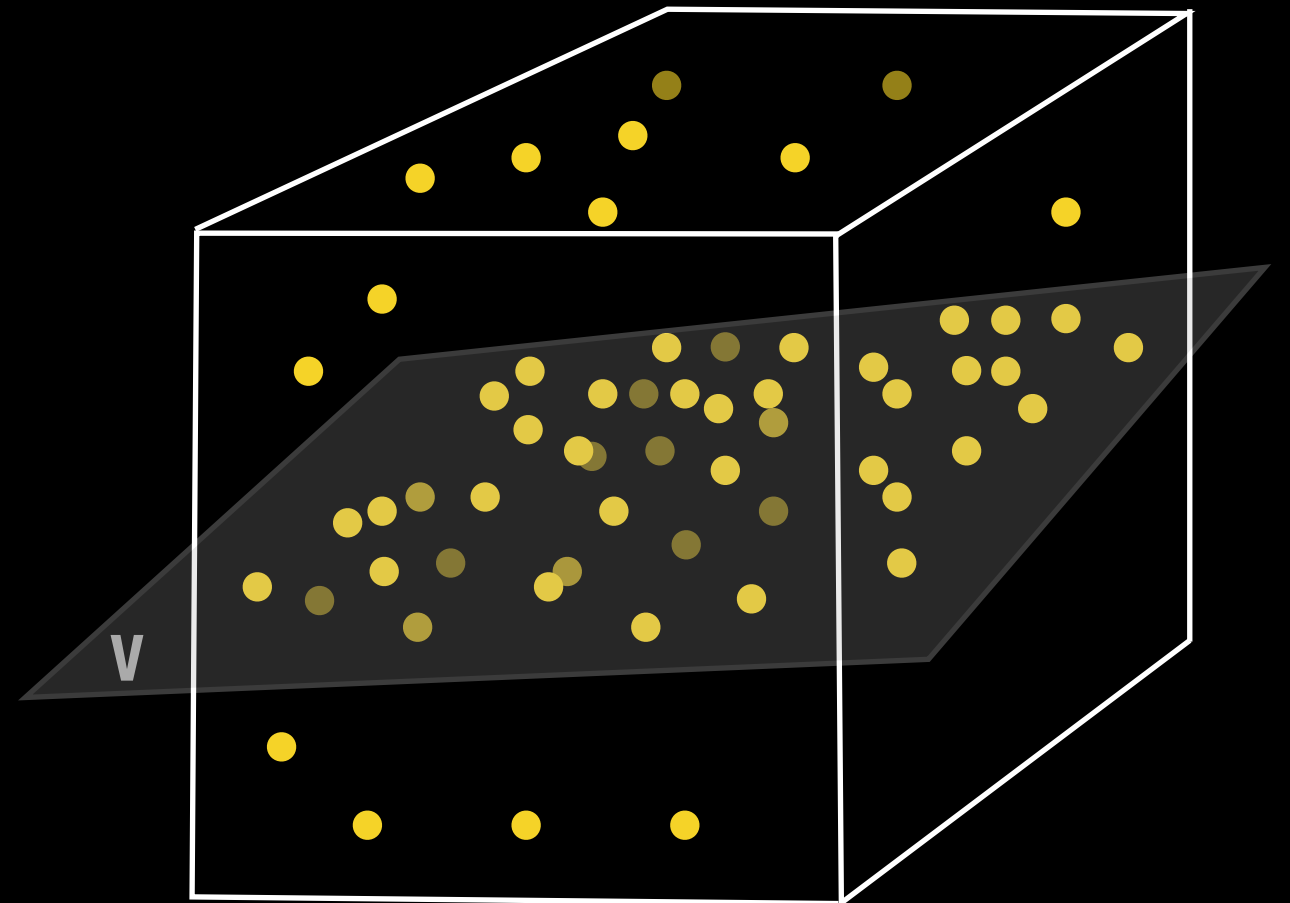
**Wish 1: “Close to” uniform
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$$A \subseteq \mathbb{F}_3^n$$

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**Wish 2: Far from uniform \Rightarrow affine space V
with density increment, co-dim(V) small.**



Affine space V

$$|A \cap V| > \delta |V|.$$

Structure vs Randomness Summary

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(Strong) Density increment**

$$A \subseteq \{0,1,2\}^n$$
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Overview

We have a subset A of F_q^n , $|A| = \delta q^n$.

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An analytic proof that $\delta \sim 2^{-\Omega((\log N)^{0.11})}$ suffices.

**1. Density
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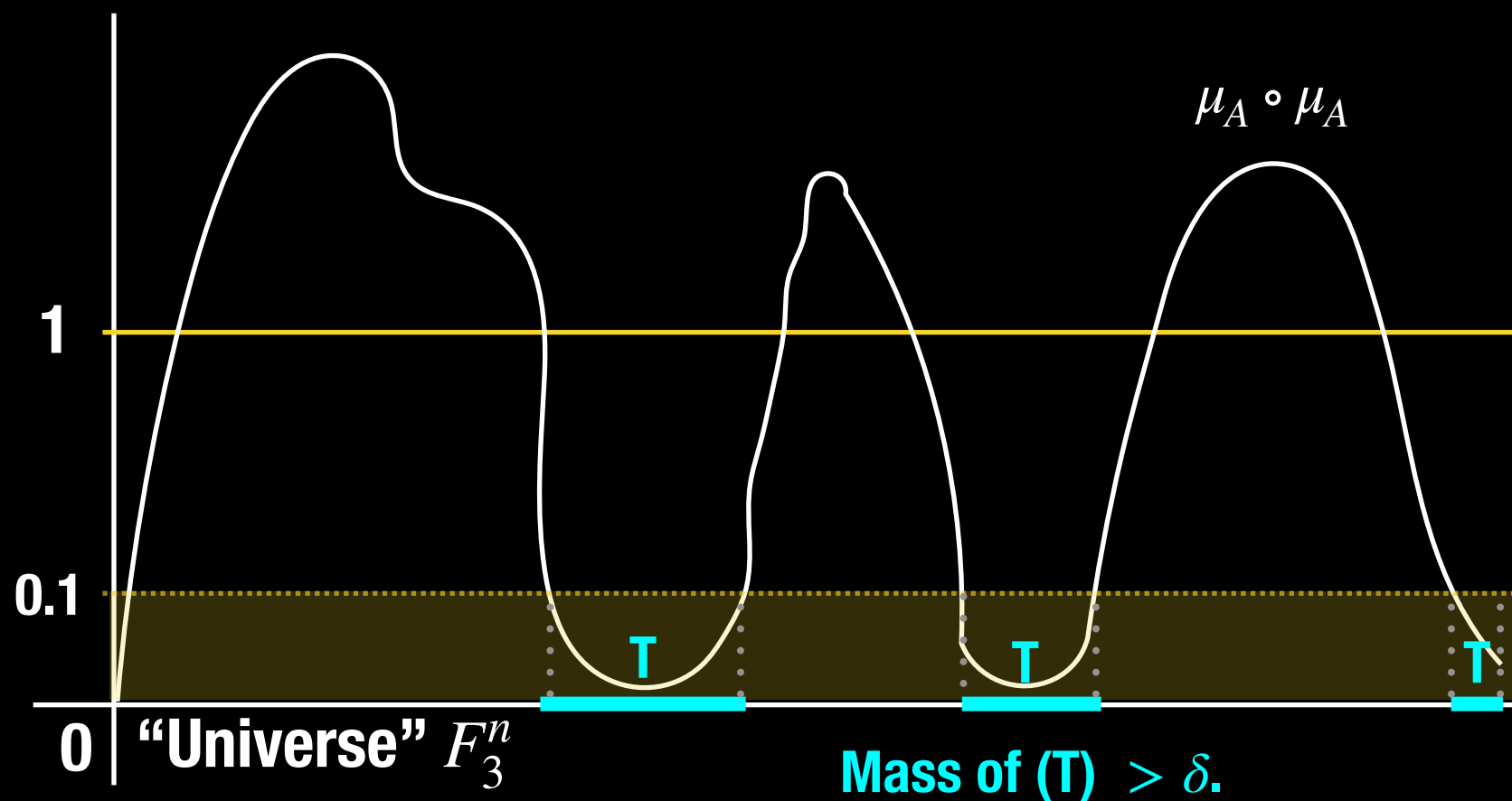
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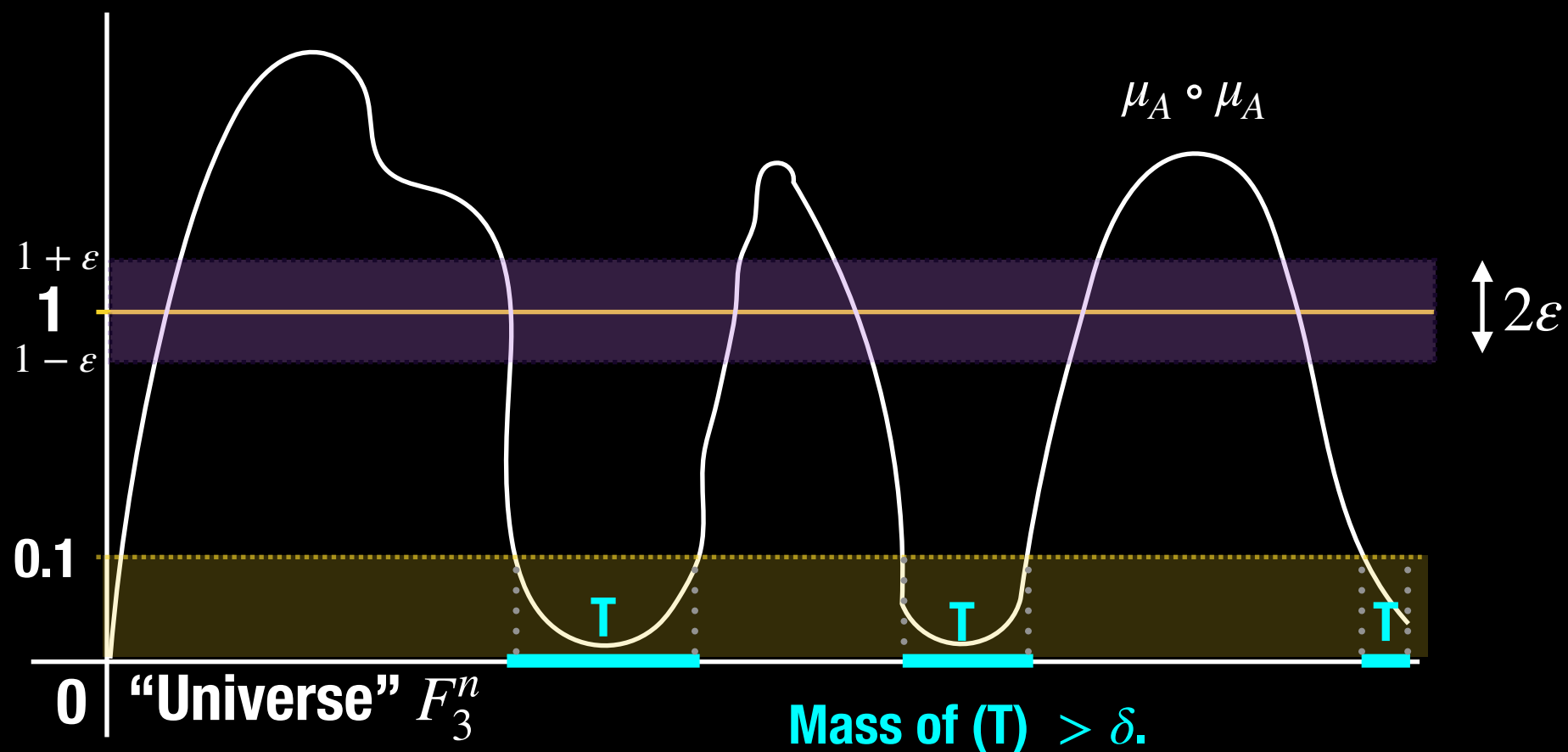
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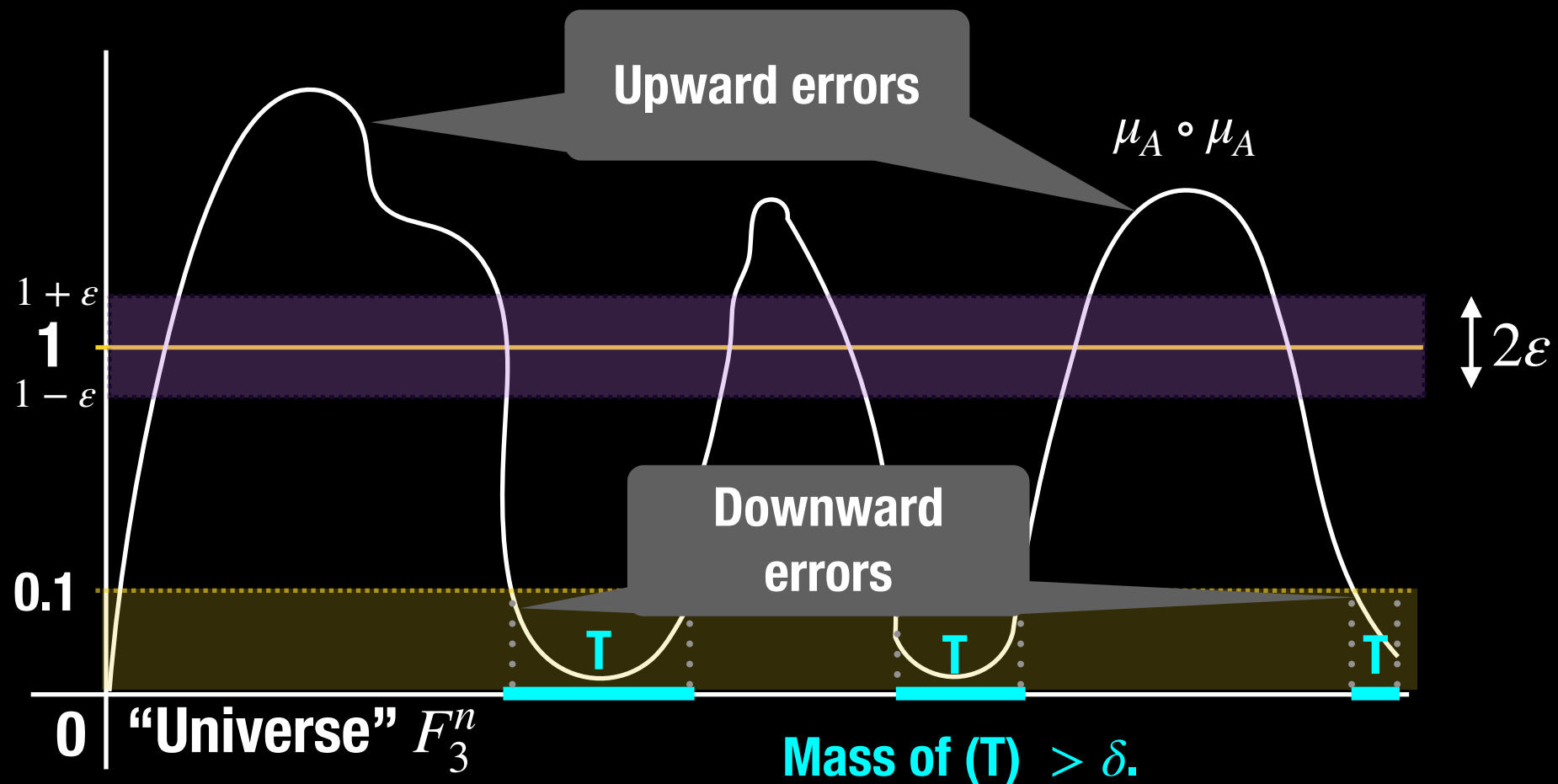
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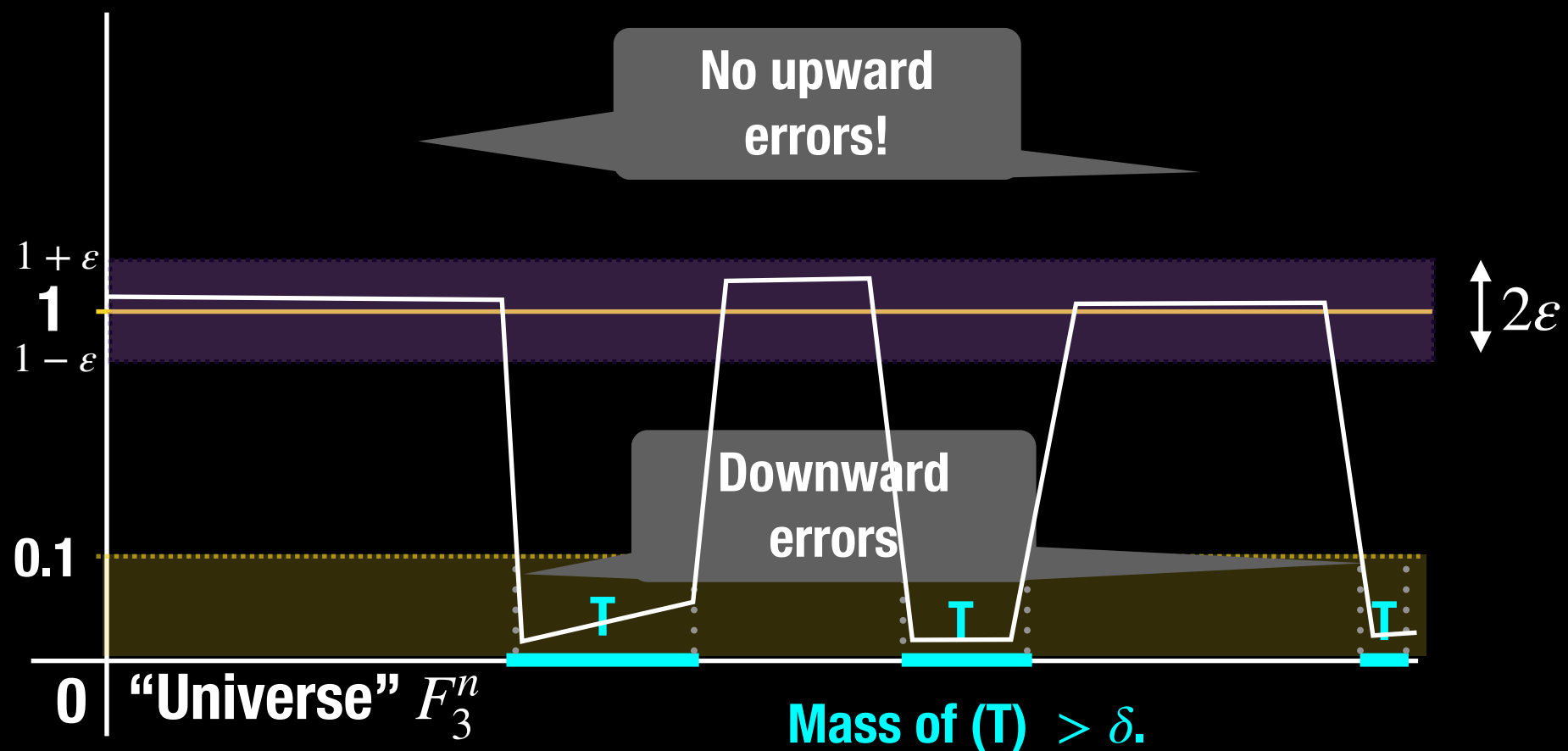
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Spectral Positivity

General densities can have only downward errors.



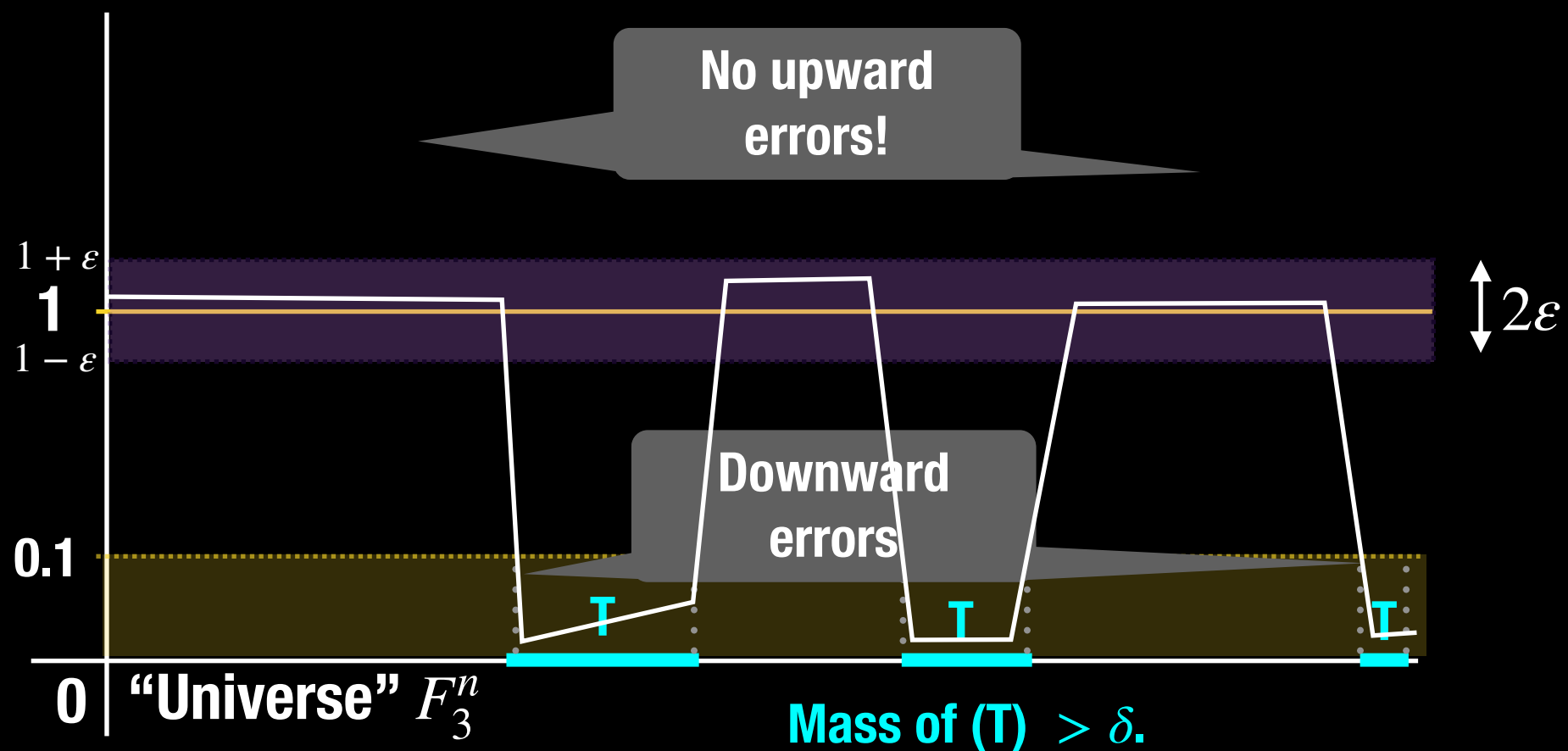
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[KM23]: A **spectrally positive density**,
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Spectrally positive: Fourier coefficients non-negative

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Spectral Positivity

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Spectrally positive: Fourier coefficients non-negative

Fact: Fourier coefficients of $\mu_A \circ \mu_A$ are given by

$$\widehat{\mu_A \circ \mu_A}(w) = |\widehat{\mu_A}(w)|^2.$$

(Convolution is product in Fourier domain)

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Spectral Positivity: Summary

Why useful? We want density **increment**
i.e., we want V for which we lower bound $|A \cap V|$.

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SP Lemma: $\mu_A \circ \mu_A$ not lower-concentrated.
Then, it must also take large values.

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Sifting: Finding additive structure

“Final” goal: $\mu_A \circ \mu_A$ takes large values often
 \implies **Density increment.**

Want: A large affine space V with
 $|A \cap V| > (1.01) \delta |V|.$

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 $V = V + V$

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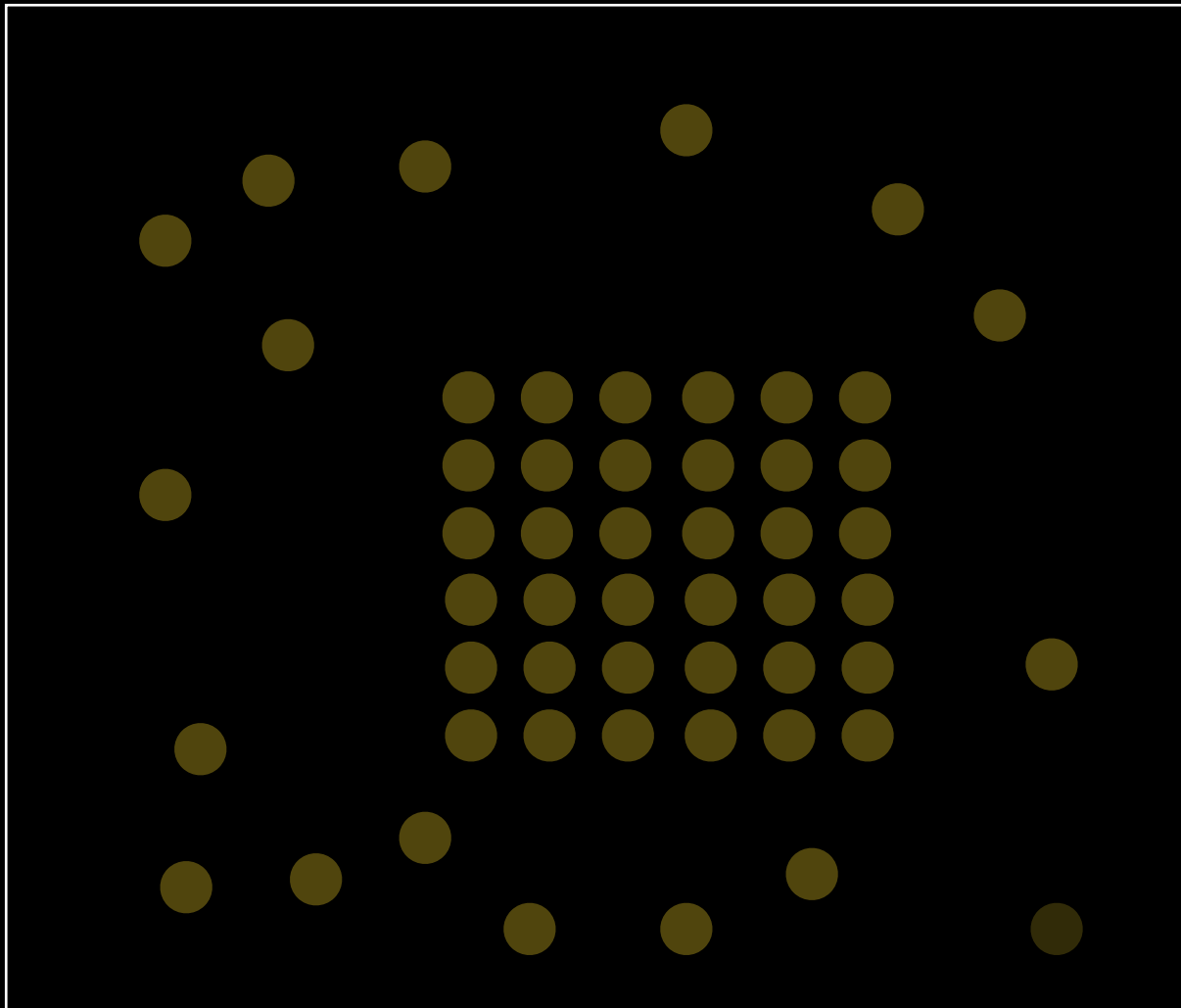
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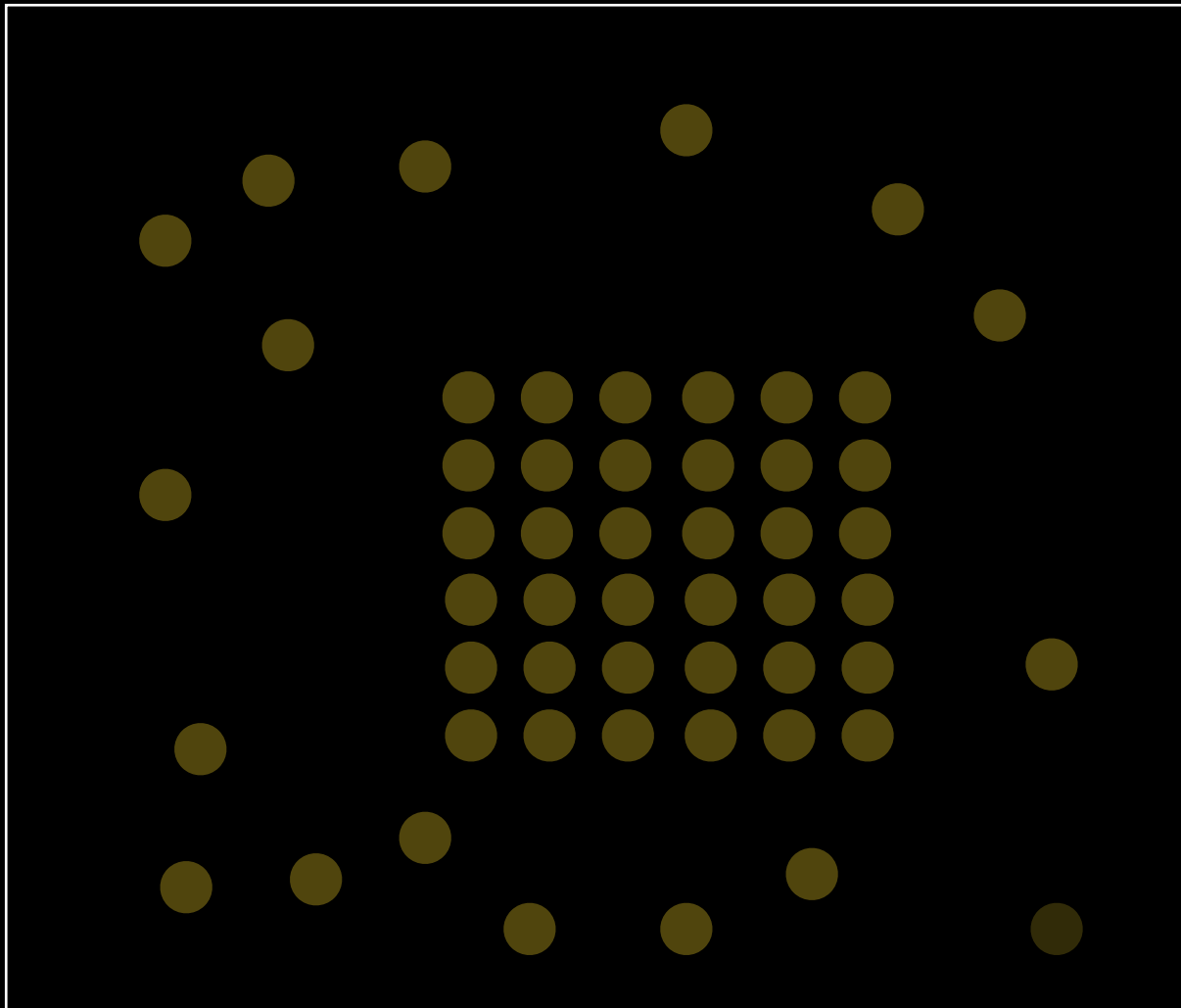
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Large set $S \subseteq \mathbb{F}_3^n$.
What “operation” will “sift-out” the portion with structure?

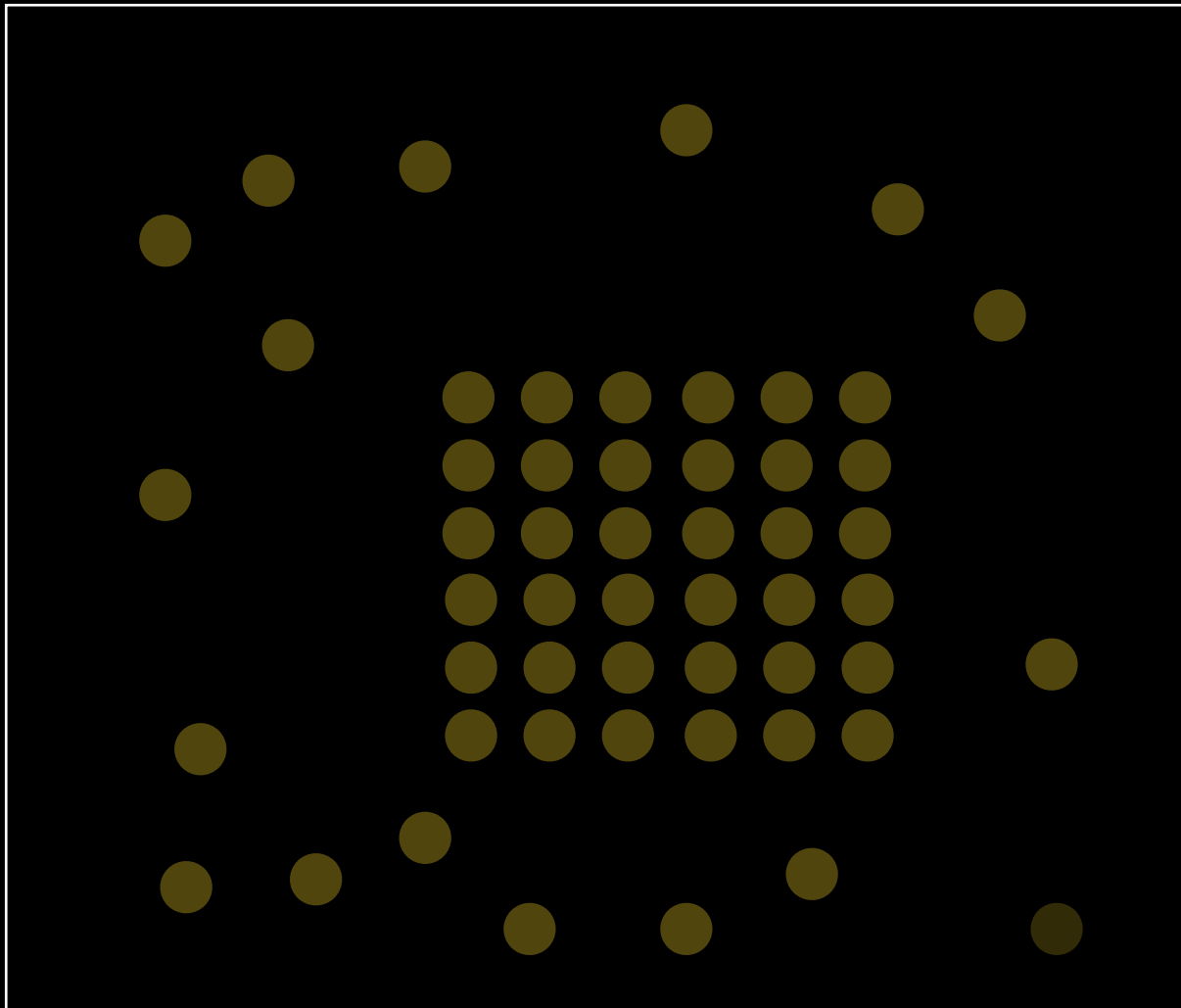
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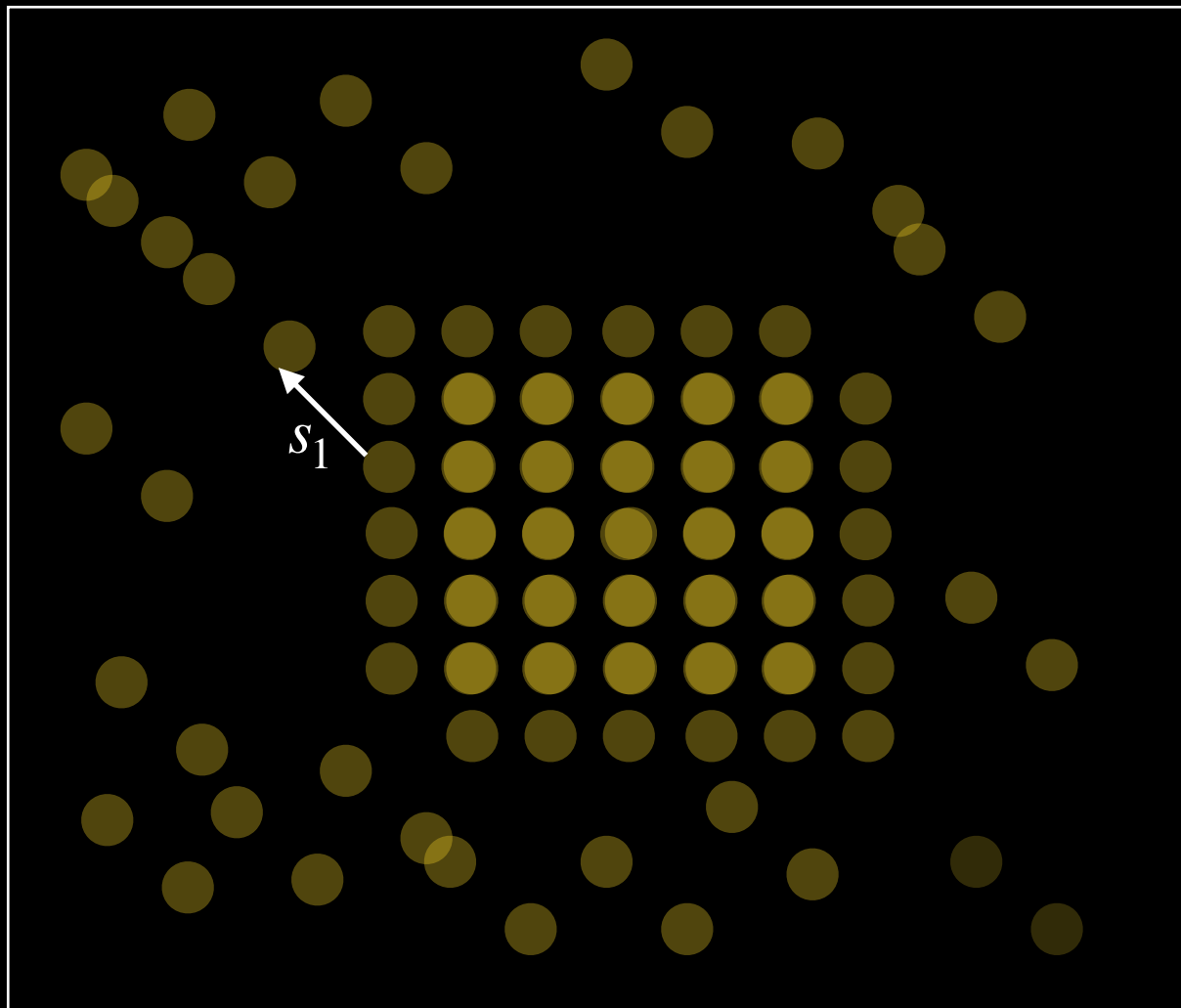
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Random s_1, s_2, \dots, s_ℓ

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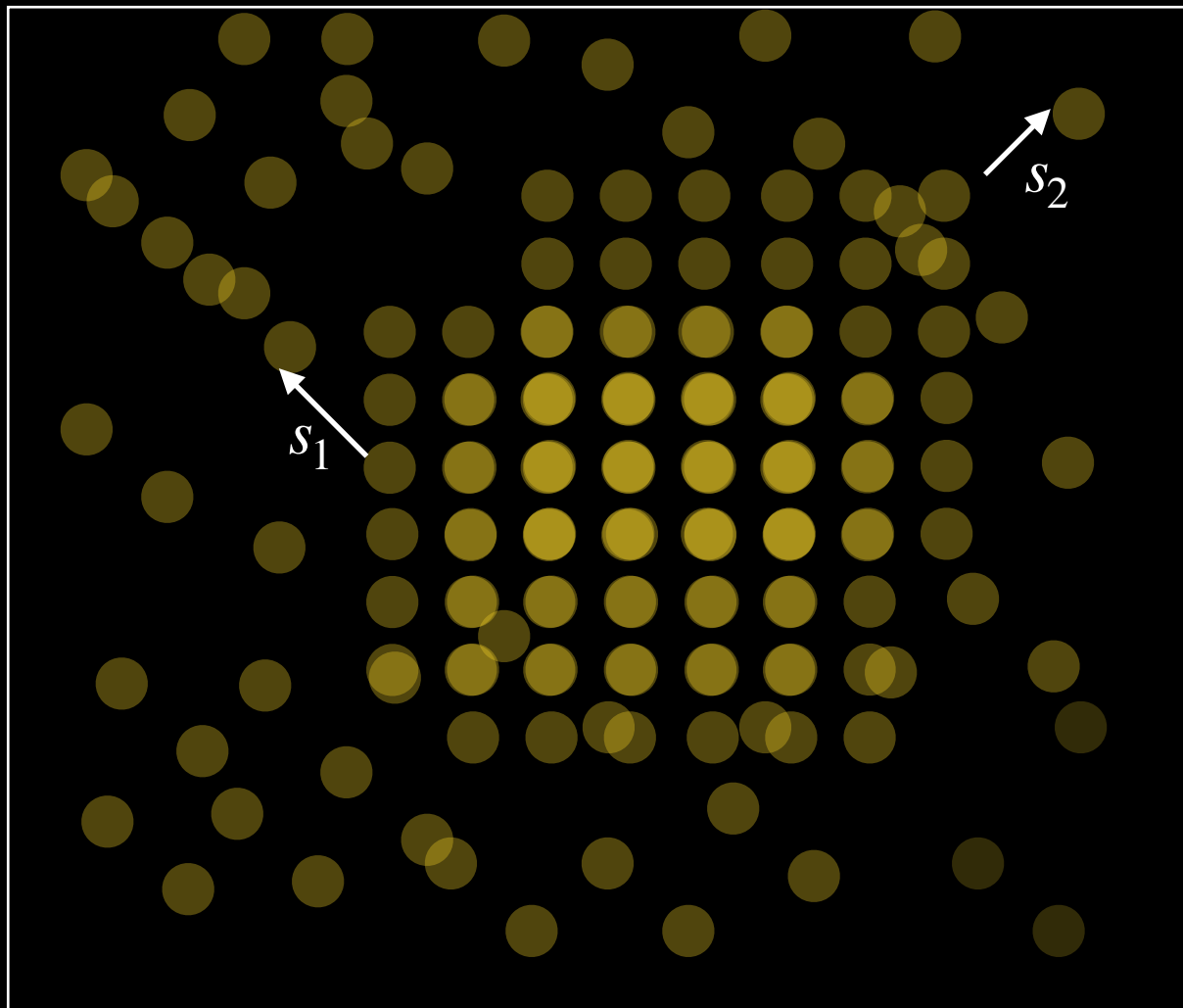
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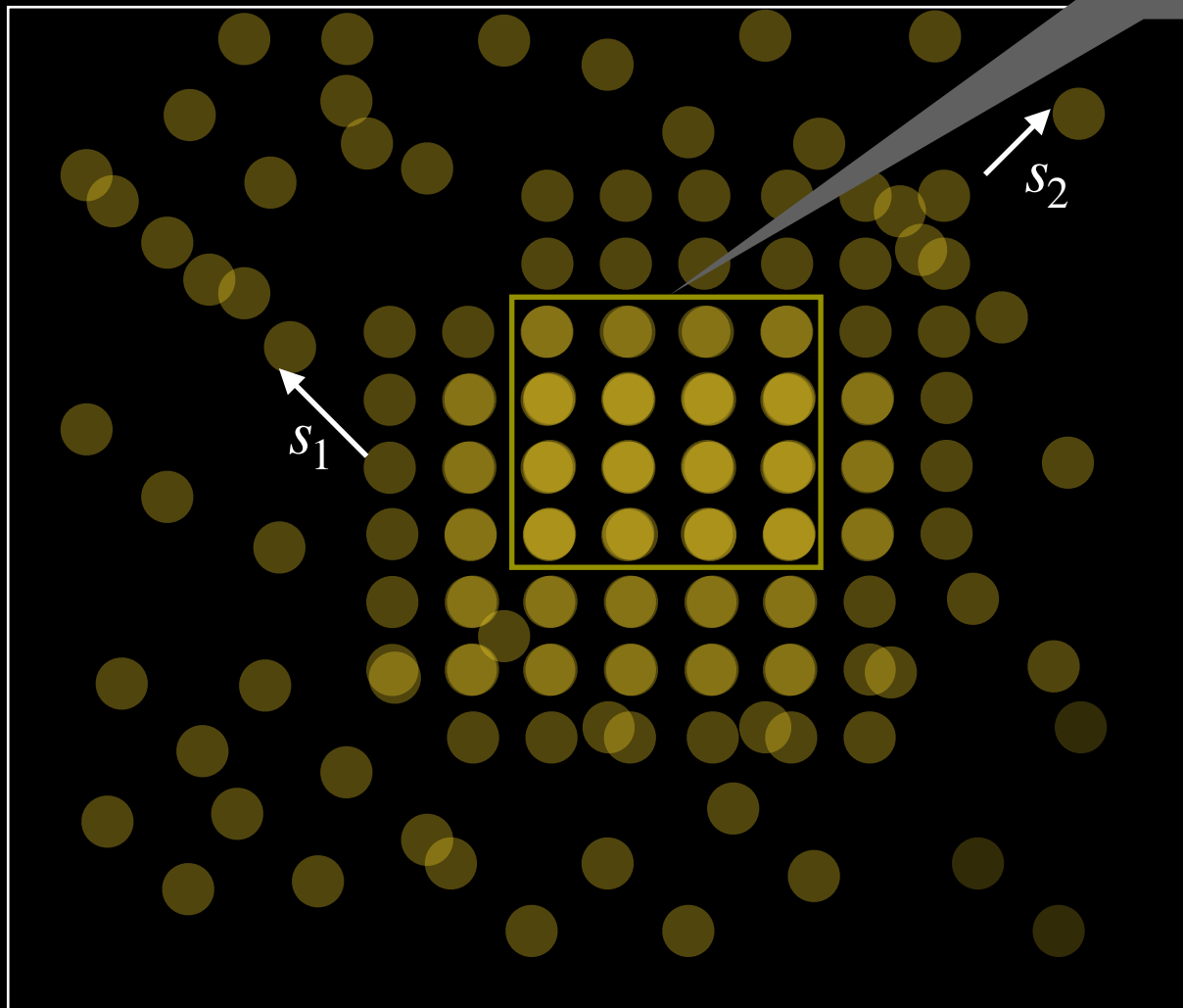
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Bigger fraction of inner-square will survive than from isolated points.



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Sifting: Finding Correlated Sumset

“Final” goal: $\mu_A \circ \mu_A$ takes large values often
 \implies **Density increment.**

Sifting Lemma: There exists a large B as below
such that we have density increment on $B+B$.

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Sifting: Finding Correlated Sumset

Sifting Lemma: There exists a large B as below such that we have density increment on $B+B$.

Key identity: Can exactly count what sifting does!

$$N^2 \cdot \|\mu_A \circ \mu_A\|_k^k = E[|(A + s_1) \cap \cdots \cap (A + s_k)|^2].$$

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Almost Periodicity: Sumsets to Subspaces

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Sanders’ Theorem: If $\exists B$ of density $2^{-O(\ell)}$,
 $B + B \approx S$. Then, S has density increment onto an
affine space V with $\text{co-dim}(V) = O(\ell^4)$.

Sifting Summary

Sifting: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
There is an affine space V of co-dimension
 $O(k^4 \log(1/\delta)^4), |A \cap V| > (1.01) \cdot \delta |V|.$

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Proof Summary

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SP Lemma: If $\mu_A \circ \mu_A$ not lower-concentrated,
then $\|\mu_A \circ \mu_A\|_k > 1 + .01, k = O(\log(1/\delta)).$

S vs R Lemma: $\mu_A \circ \mu_A$ lower-concentrated, then
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Summary

We have a subset A of $\{0,1,2\}^n$, $|A| = \delta 3^n$.

Are there unequal $a, b, c \in A$, $a + b = 2c \pmod{3}$?

An analytic proof that $\delta \sim 2^{-\Omega((\log N)^{0.11})}$ suffices.

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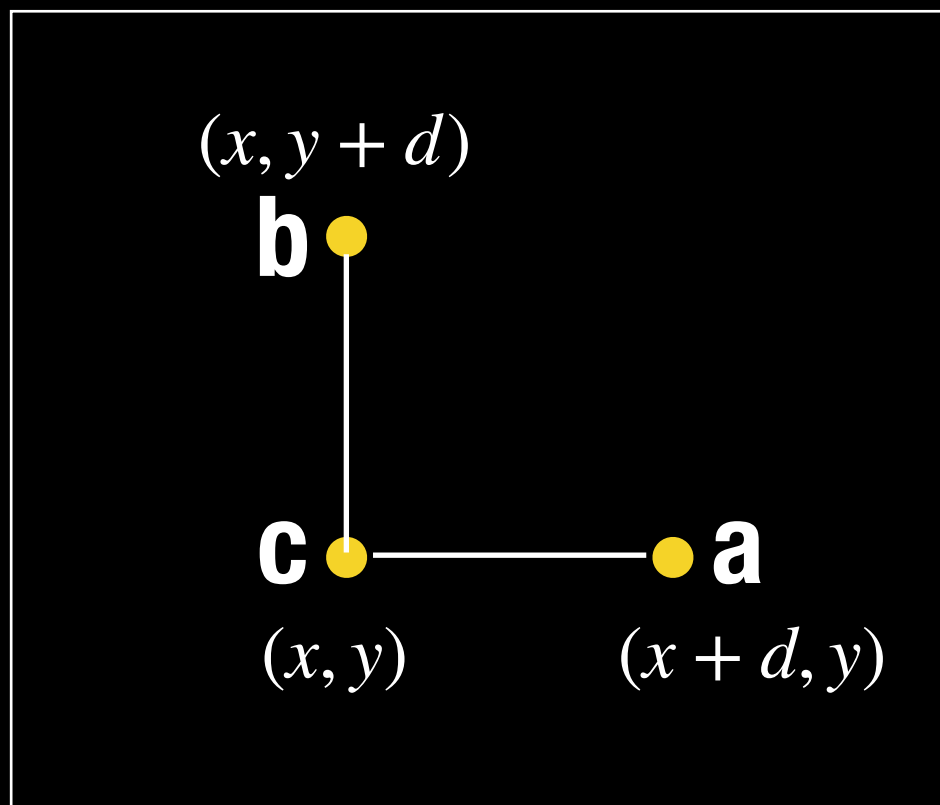
Going from finite fields to integers is quite technical but uses similar ideas.

Main Thm: Any set of at least δN integers from $[N]$ for $\delta > 2^{-\Omega((\log N)^{.08})}$ has many 3APs.

What's next?

1. Four-term arithmetic progressions?

2. “Corners problem”: $A \subseteq [N]^2$, $|A| = \delta N^2$. How small can δ be so that A always have a “corner”?



Behrend: Need $\delta > 2^{-O(\sqrt{\log N})}$

Corner = $\{(x, y), (x + d, y), (x, y + d)\}$

THANK YOU

Going beyond?

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 \Rightarrow Many 3APs**

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Step 1. “Close” to uniform \Rightarrow Many 3APs?

**Step 2. Far from uniform \Rightarrow affine V with
(1.01) density increment,
 $\text{co-dim}(V) \leq \text{poly}(\log(1/\delta))$?**

**Roth-Meshulam argument:
Need $\text{co-dim}(V) \approx 1/\delta$.**

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Sifting: Finding additive structure

“Final” goal: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
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Sifting: Finding additive structure

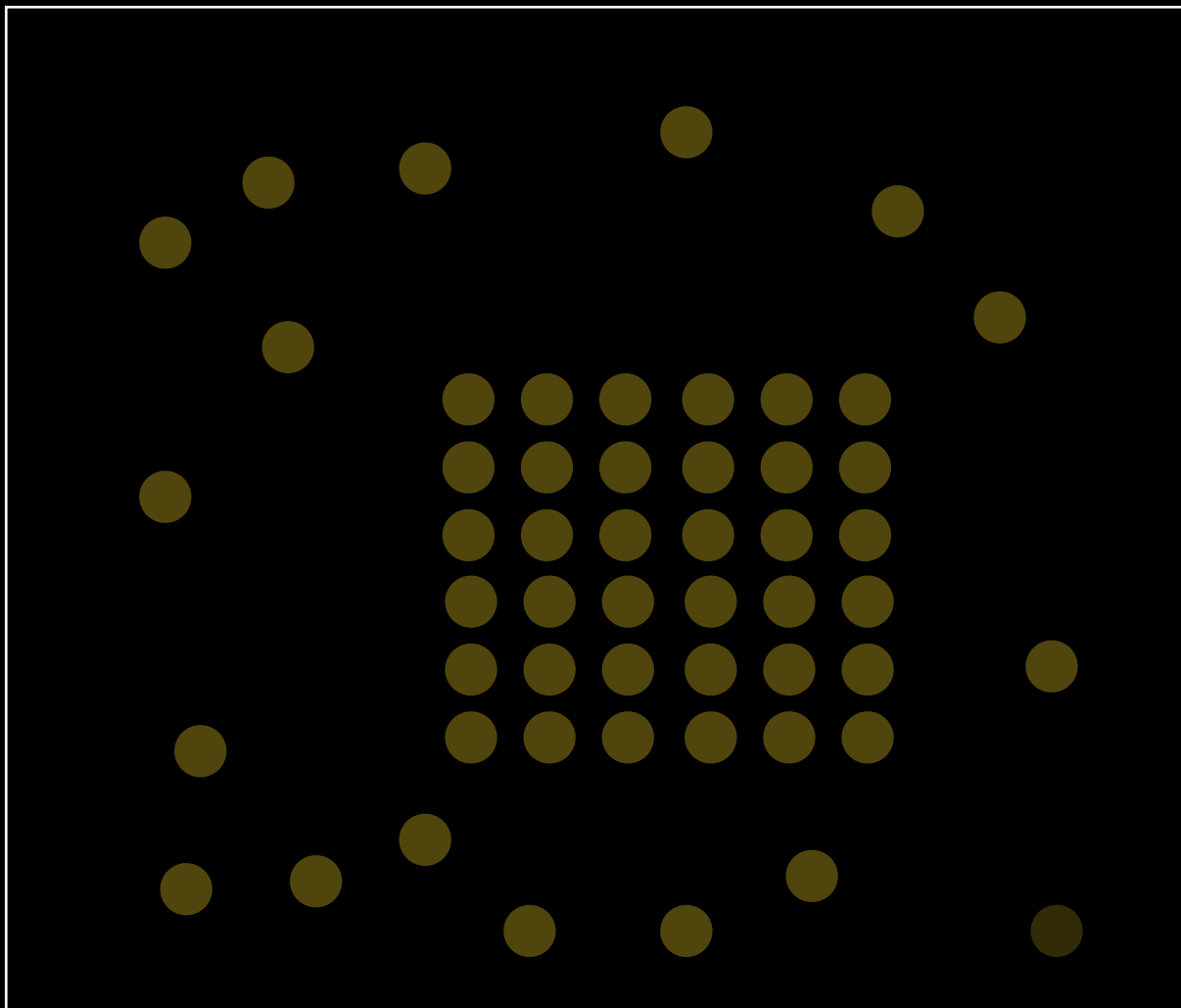
“Final” goal: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
(Strong) Density increment

Want: A large affine space V with
 $|A \cap V| > (1.01) \delta |V|$.

How about: Find increment onto a sumset?
Large B , $|A \cap (B + B)| > 1.05 \cdot \delta \cdot |B + B|$?

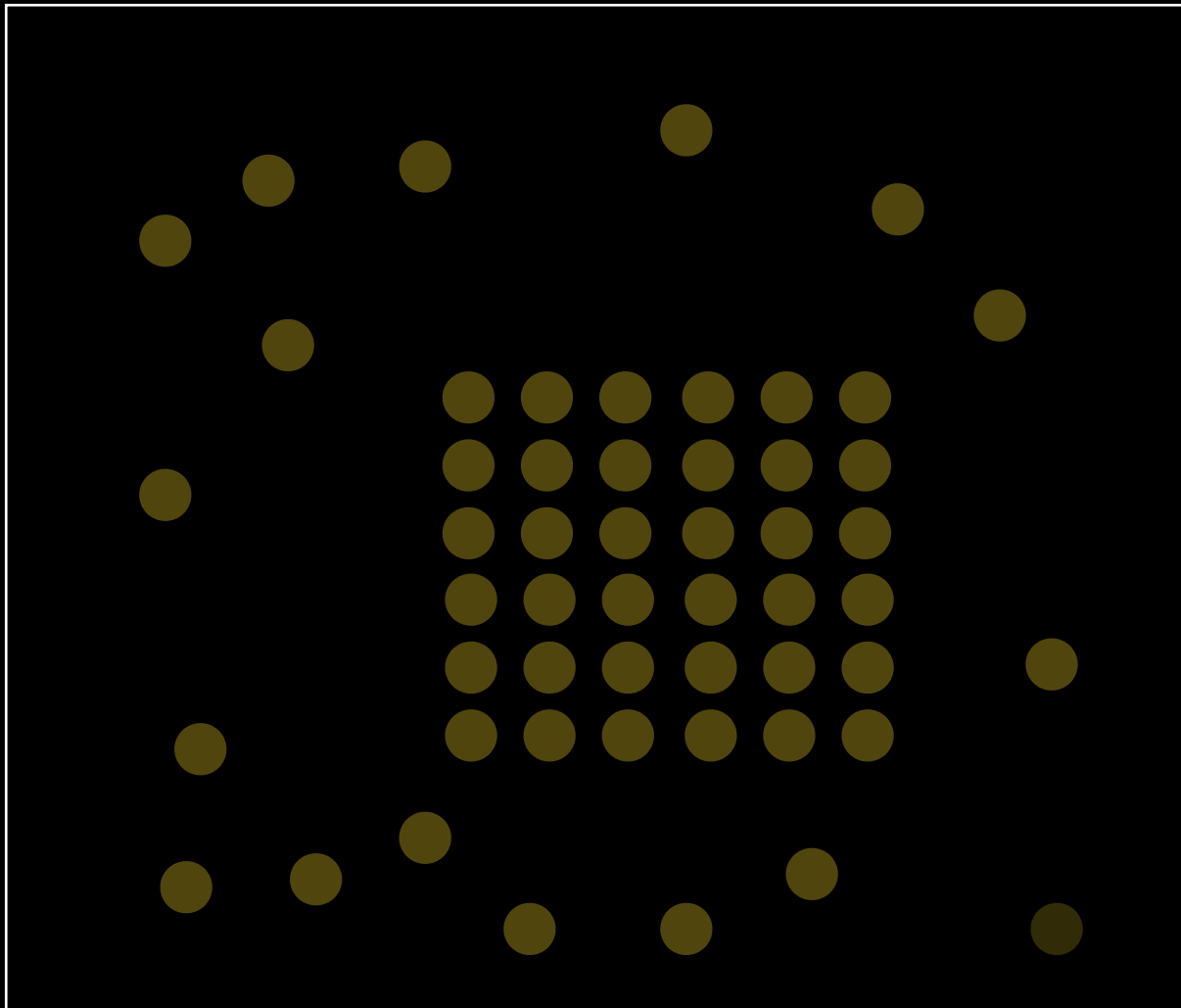
$A \subseteq \mathbb{F}_3^n$
 $|A| = \delta N, N = 3^n$.
 μ_A **density of A**

Sifting



Large set $S \subseteq \mathbb{F}_3^n$.
What “operation” will “sift-out” the portion with structure?

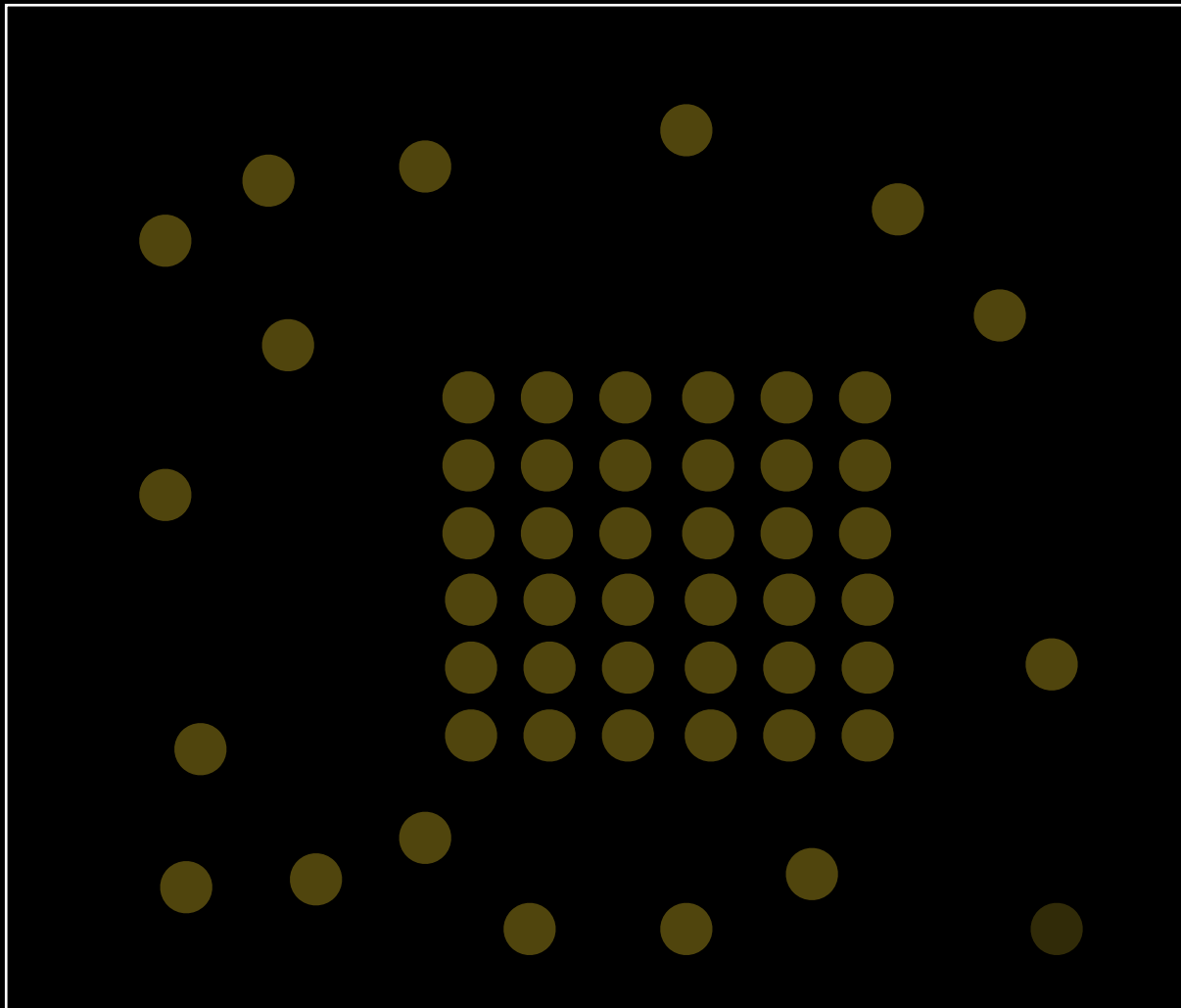
Sifting



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What “operation” will “sift-
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Idea: Shift and intersect!

Sifting



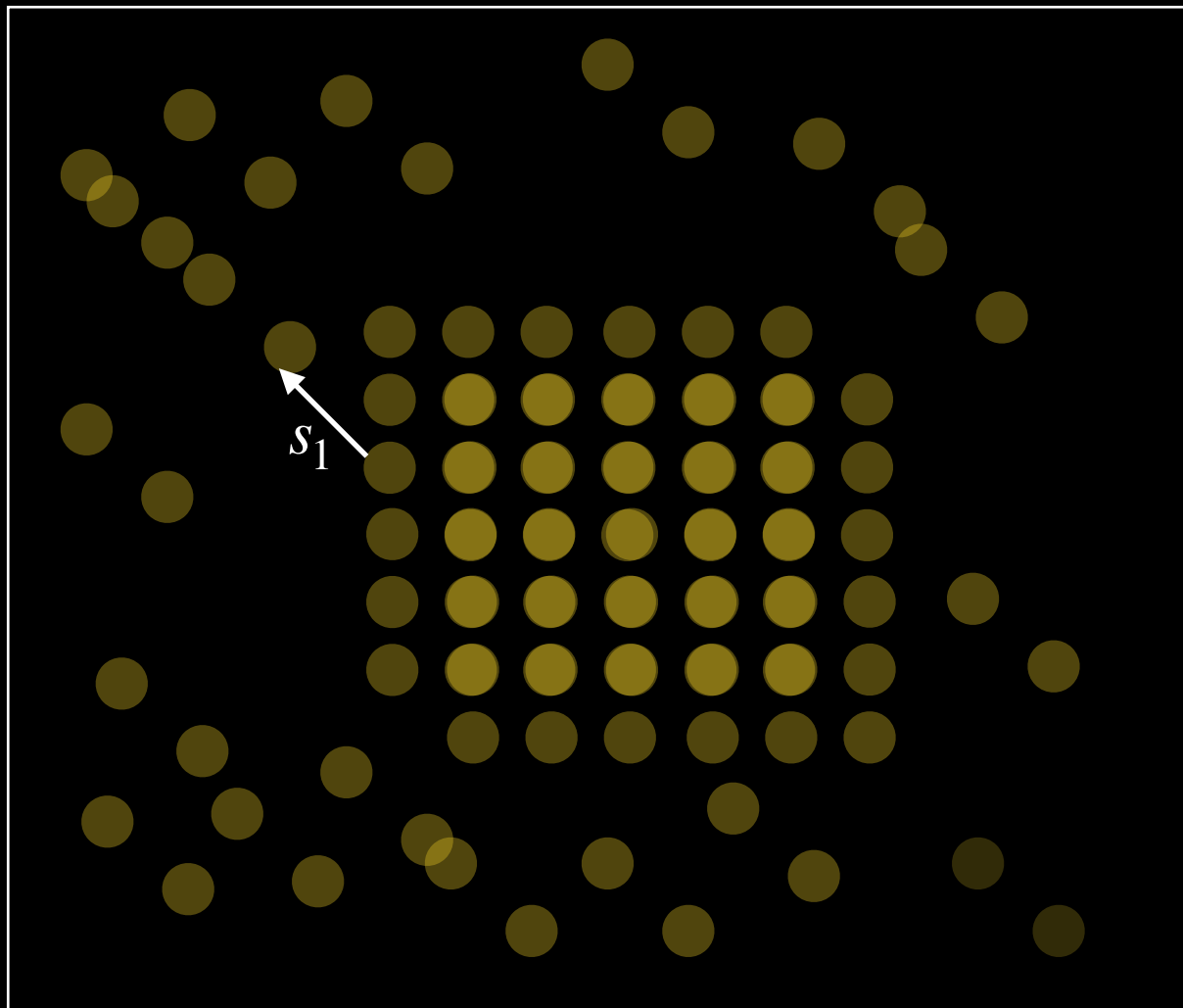
Large set $S \subseteq \mathbb{F}_3^n$.
What “operation” will “sift-
out” the portion with
structure?

Idea: Shift and intersect!

Look at $B = S \cap (S + s_1) \cap (S + s_2) \cap \cdots (S + s_\ell)$

Random s_1, s_2, \dots, s_ℓ

Sifting



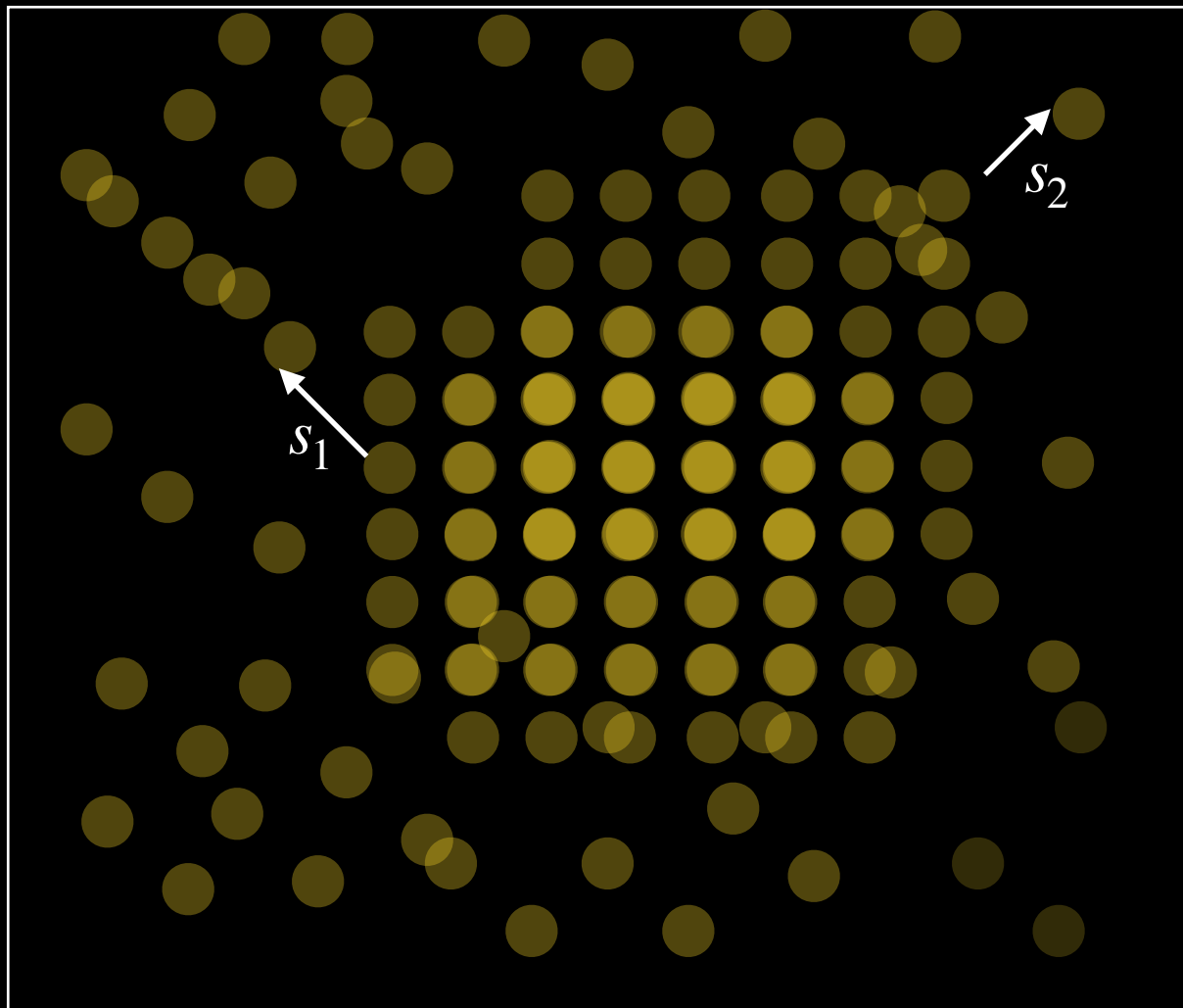
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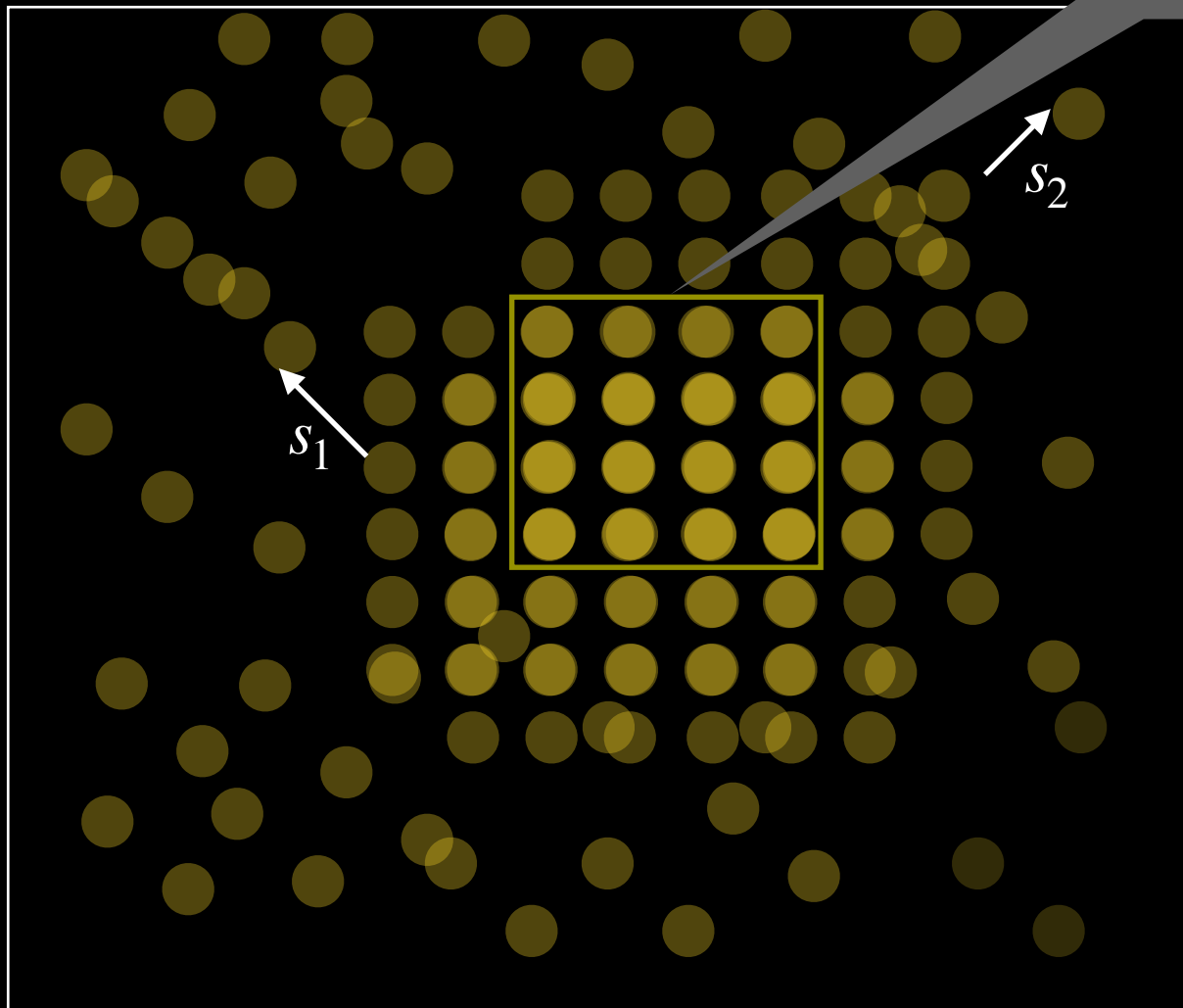
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Sifting

Bigger fraction of inner-square will survive than from isolated points.



Large set $S \subseteq \mathbb{F}_3^n$.
What “operation” will “sift-out” the portion with structure?

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Look at $B = S \cap (S + s_1) \cap (S + s_2) \cap \cdots (S + s_\ell)$

Random s_1, s_2, \dots, s_ℓ

Sifting: Finding Correlated Sumset

“Final” goal: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
(Strong) Density increment

Sifting Lemma: $S = \{z : \mu_A \circ \mu_A(z) > 1 + \varepsilon/4\}.$

$\exists B \subset \mathbb{F}_3^n, |B| = \delta^{O(k)}N, B + B \approx S.$
 $X \sim \mu_B, Y \sim \mu_B, \Pr[X + Y \in S] \geq 1 - O(\varepsilon).$

Idea: Shift and intersect!

Look at $B = S \cap (S + s_1) \cap (S + s_2) \cap \cdots (S + s_\ell)$

Random s_1, s_2, \dots, s_ℓ

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Key identity

$$N^2 \cdot \|\mu_A \circ \mu_A\|_k^k = E[|(A + s_1) \cap \dots \cap (A + s_k)|^2].$$

Idea: Shift and intersect!

Look at $B = S \cap (S + s_1) \cap (S + s_2) \cap \dots (S + s_\ell)$

Random s_1, s_2, \dots, s_ℓ

$$\begin{aligned} A &\subseteq \mathbb{F}_3^n \\ |A| &= \delta N, N = 3^n. \\ \mu_A &\text{ density of } A \end{aligned}$$

Sanders' Invariance: Sumsets to Subspaces

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Sanders' invariance: If $\exists B$ of density $2^{-O(\ell)}$,
 $B + B \approx S$. Then, S has density increment onto an
affine space V with $\text{co-dim}(V) = O(\ell^4).$

Sifting Summary

Sifting: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
There is an affine space V of co-dimension
 $O(k^4 \log(1/\delta)^4), |A \cap V| > (1.01) \cdot \delta |V|.$

$A \subseteq \mathbb{F}_3^n$
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 μ_A **density of A**

Proof Summary

Sifting: $\|\mu_A \circ \mu_A\|_k > 1 + \varepsilon \Rightarrow$
There is density increment with good parameters.

SP Lemma: If $\mu_A \circ \mu_A$ not lower-concentrated,
then $\|\mu_A \circ \mu_A\|_k > 1 + .01, k = O(\log(1/\delta))$.

S vs R Lemma: $\mu_A \circ \mu_A$ lower-concentrated, then
we have many 3APs.

$A \subseteq \mathbb{F}_3^n$
 $|A| = \delta N, N = 3^n$.
 μ_A density of A